



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 28 2025, WEDNESDAY

13:45 - 14:00	Welcome Talks	
14:00-15:10	Masterclass 1- Patient-Doctor relationship: Tips for for a clinician	HALL 1
	<i>Chair: Francoise Poot, Uwe Gieler</i>	
14:00-14:15	How can a dermatologist evaluate psychological problems and needs of a psychodermatology patient	Francoise Poot
14:15-14:30	Working with psychodermatology patients as a psychoanalytic psychosomatician	Tevfika İkiz
14:30-14:45	Shared decision making for patient-centered care in dermatology	Nesrin Dilbaz
14:45-15:00	Case study	Tanya Tanev
15:00-15:10	Q&A	
15:10-16:40	Masterclass 2- Psychotherapies in Psychodermatology	HALL 1
	<i>Chair: Florence Dalgard, Nienke Vulink</i>	
15:10-15:30	Cognitive behavioural therapy	Nienke Vulink
15:30-15:50	Group psychotherapy	Uwe Gieler
15:50-16:10	Art psychotherapy	Bihter Yasemin Adalı
16:10-16:30	Psychoanalytic psychotherapy and psychoanalysis	Aslı Kuruoğlu
16:30-16:40	Q&A	
15:00-16:40	ORAL PRESENTATIONS 1	HALL 2
	<i>Chair: Algün Polat Ekinci, Andrew Thompson</i>	
OP-01 15:00-15:10	The Impact of IL-17 and IL-23 Blockers on Depression, Anxiety, and Quality of Life: Insights from Inflammatory Markers from a Multicenter Study <i>Ilknur Kivanc Altunay, Ayşenur Demir, Ahmet Kayaaltı, Sena Inal Aptoula, Dilek Canat, Burhan Engin, Yusuf Can Erkoç, İlteriş Oğuz Topal, Aslıhan Kul</i>	
OP-02 15:10-15:20	Prevalence of Attention Deficit Hyperactivity Disorder and Autistic Spectrum Disorder in Patients with Skin Picking and Hair Pulling Disorders in a Psychodermatology Clinic <i>Alima Yasmin, Ruth Elizabeth Taylor, Iyas Assalman, Anthony Paul Bewley, Padma Mohandas, Alia Ahmed4, Maria Angelika Gkini</i>	
OP-03 15:20-15:30	The abstract has been withdrawn by the author.	
OP-04 15:30-15:40	"Beyond the Scales: Psychosocial Burden of Mild to Moderate Scalp Psoriasis. A Baseline Analysis of the PRO-SCALP Study" <i>Anthony Bewley, Jose Luis López Estebaranz, Andreas Pinter, Jordi Galván, Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasuje</i>	



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OP-05

15:40-15:50

Impact of calcipotriene and betamethasone dipropionate cream with PAD technology on patient symptoms and psychosocial burden among patients with mild-to-moderate scalp psoriasis in routine clinical practices in Europe. The PRO-SCALP study

Anthony Bewley, Andreas Pinter, Jose Luis López Estebaranz, Jordi Galván, Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasujee

OP-06

Impact

15:50-16:00

Patient-Centered Outcomes in Dermatology: A Paradigm Shift in Measuring Disease

Arnau Domenech, Ismail Kasujee, Volker Koscielny, Anthony Bewley

OP-07

16:00-16:10

Quality of Life and Cosmetic Seeking in Patients With Androgenetic Alopecia: A Psychodermatologic Perspective

Melek Aslan Kayıran, Güldehan Atış, Behiye Begüm Önlen, Bengü Çevirgen Cemil, Göknur Kalkan, Dürüye Deniz Demirseren, Fatma Etgül, Işıkhan Özkır, İlknur Kivanç Altunay, Sümeyye Altıntaş Kakşı, Selma Emre, Aylin Türel Ermertcan, Tuba Nur Çetinarslan, Ayşenur Şam Sarı

OP-08

16:10-16:20

Aiming to "Wait Well" for Patients With Atopic Dermatitis (AD): A Mixed Methods Study on Reducing Psychosocial Distress of Long Waiting Lists Through Personalised Care

Benoit Raymond, Yousaf Aftab, Gulraj Matharu, Amer Karim, Rama Hasan Fathi

OP-09

16:20-16:30

Clinical Characteristics and Psychological Factors in Skin Picking Disorder: The Role of Alexithymia, Anxiety, and Depression

Canan Dere, Serife Gamze Gemicioglu, Melek Aslan Kayiran, İlknur Kivanc Altunay

OP-10

16:30-16:40

The Management of Delusional Infestation at the Hospital for Tropical Diseases, London, United Kingdom: A retrospective analysis of an interdisciplinary approach

Cherry Choudhary, Abigail Smith, Alex Kew, Fiona Taylor, Stephen L Walker

16:40-16:55

Coffee Break 

16:55-18:30

Masterclass 3- Psychopharmacology

Chair: Nesrin Dilbaz, Behçet Coşar

HALL 1

16:55-17:15

The basis of pharmacological treatment in psychodermatology

Dimitre Dimitrov

17:15-17:35

Which disease, which drug?
Are there any unmet needs?

Behçet Coşar

17:35-17:55

Novel drugs in psychopharmacology

Dmitry Romanov

17:55-18:15

Dermatological side effects of psychotherapeutic drugs

Hilal Kaya Erdoğan

18:15-18:30

Q&A

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16:50-18:00

ORAL PRESENTATIONS 2

HALL 2

Chair: *Sibel Mercan, Francesca Sampogna*

OP-11

16:50-17:00

Dermatitis Artefacta: The Art of Cutaneous Simulation

Andrea Ciudad Moro, Laura Parra, María Rivera López, Fernando Gallardo, María José Tribó

OP-12

17:00-17:10

An Investigation of Anxiety, Depression, and OCD Tendencies in Patients with Chronic Spontaneous Urticaria

Defne Kayıran, Melek Aslan Kayıran, Furkan Öz, Musab Turan, Mehmet Salih Gürel

OP-13

17:10-17:20

Exploring the neural basis of rosacea and its links with social anxiety: An fMRI study

Deyu Song, Ping Jiang, Wenxin Bao, Xian Jiang

OP-14

17:20-17:30

Repetitive transcranial magnetic stimulation targeting the dorsolateral prefrontal cortex for the treatment of rosacea: A case series

Deyu Song, Hongqi Xiao, Xian Jiang, Changjian Qiu

OP-15

17:30-17:40

Sleep Quality and Perceived Stress in Acne Vulgaris Patients:

A Cross-Sectional Analysis

Bağrı Burç Dağtaş, Duygu Yamen, Didem Kaçan, Ayliz Aksoy, Ayşe Esra Koku Aksu

OP-16

17:40-17:50

The Effects of Acitretin on Depression, Anxiety, Stress, and Quality of Life in Dermatology Patients: A prospective study

Algun Polat Ekinci, Irmak Polat, Dilay Yerlioglu Ak, Ecem Gureler Sirkeci, Tugba Atci, Doruk Uludağ

OP-17

17:50-18:00

Itch, burning, stinging and pain in acne: An impact of depression and anxiety in patients from a cross-sectional study in 17 European countries

Dmitry V Romanov, Anna V Michenko, Andrey M Sheyanov, Christina Schut, Joerg Kupfer, Florence J Dalgard, Anthony Bewley, Andrea W M Evers, Uwe Gieler, Lars Lien, Francesca Sampogna, Sonja Ständer, Lucía Tomás Tomás Aragonés, Nienke Vulink, Andrew Y Finlay, Franz J Legat, Geraldine Titeca, Gregor B Jemec, Laurent Misery, Csanád Szabó, Vesna Grivcheva-Panovska, Saskia Spillekom-van Kouil, Flora Balieva, Jacek C Szepietowski, Adam Reich, Bárbara Roque Ferreira, Servando Eugenio Marron, Tamara Gracia-Cazaña, Ake Svensson, İlknur K Altunay, Andrew R Thompson, Andrey Lvov

18:30-19:30

Opening Ceremony