



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 28 2025, WEDNESDAY

13:45 - 14:00

Welcome Talks

14:00-15:10

Masterclass 1- Patient-Doctor relationship: Tips for for a clinician

HALL 1

Chair: Françoise Poot, Uwe Gieler

14:00-14:15

How can a dermatologist evaluate
psychological problems and needs of
a psychodermatology patient

Françoise Poot

14:15-14:30

Working with psychodermatology patients as a
psychoanalytic psychosomatician

Tevfika İkiz

14:30-14:45

Shared decision making for
patient-centered care in dermatology

Nesrin Dilbaz

14:45-15:00

Case study

Tanyo Tanev

15:00-15:10

Q&A

15:10-16:40

Masterclass 2- Psychotherapies in Psychodermatology

HALL 1

Chair: Florence Dalgard, Nienke Vulink

15:10-15:30

Cognitive behavioural therapy

Nienke Vulink

15:30-15:50

Group psychotherapy

Uwe Gieler

15:50-16:10

Art psychotherapy

Bihter Yasemin Adalı

16:10-16:30

Psychoanalytic psychotherapy and psychoanalysis

Aslı Kuruoğlu

16:30-16:40

Q&A

15:00-16:40

ORAL PRESENTATIONS 1

HALL 2

Chair: Algün Polat Ekinci, Andrew Thompson

OP-01

15:00-15:10

The Impact of IL-17 and IL-23 Blockers on Depression, Anxiety, and Quality of Life:
Insights from Inflammatory Markers from a Multicenter Study

Ilknur Kivanc Altunay, Ayşenur Demir, Ahmet Kayaaltı, Sena Inal Aptoula, Dilek Canat,
Burhan Engin, Yusuf Can Erkoç, İlteriş Oğuz Topal, Aslıhan Kul

OP-02

15:10-15:20

Prevalence of Attention Deficit Hyperactivity Disorder and Autistic Spectrum Disorder in
Patients with Skin Picking and Hair Pulling Disorders in a Psychodermatology Clinic

Alima Yasmin, Ruth Elizabeth Taylor, Iyas Assalman, Anthony Paul Bewley,
Padma Mohandas, Alia Ahmed4, Maria Angelika Gkini

OP-03

15:20-15:30

The abstract has been withdrawn by the author.

OP-04

15:30-15:40

"Beyond the Scales: Psychosocial Burden of Mild to Moderate Scalp Psoriasis.
A Baseline Analysis of the PRO-SCALP Study"

Anthony Bewley, Jose Luis López Estebarez, Andreas Pinter, Jordi Galván,
Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasujee



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OP-05

15:40-15:50

Impact of calcipotriene and betamethasone dipropionate cream with PAD technology on patient symptoms and psychosocial burden among patients with mild-to-moderate scalp psoriasis in routine clinical practices in Europe. The PRO-SCALP study

Anthony Bewley, Andreas Pinter, Jose Luis López Estebarez, Jordi Galván, Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasujee

OP-06

Impact

15:50-16:00

Patient-Centered Outcomes in Dermatology: A Paradigm Shift in Measuring Disease

Arnau Domenech, Ismail Kasujee, Volker Koscielny, Anthony Bewley

OP-07

16:00-16:10

Quality of Life and Cosmetic Seeking in Patients With Androgenetic Alopecia: A Psychodermatologic Perspective

Melek Aslan Kayiran, Güldehan Atış, Behiye Begüm Önlü, Bengü Çevirgen Cemil, Göknur Kalkan, Düriye Deniz Demirseren, Fatma Ertü, Işıkhan Özkır, Ilknur Kıvanç Altunay, Sümeyye Altıntaş Kakşı, Selma Emre, Aylin Türel Ermertcan, Tubanur Çetinarslan, Ayşenur Şam Sarı

OP-08

16:10-16:20

Aiming to "Wait Well" for Patients With Atopic Dermatitis (AD): A Mixed Methods Study on Reducing Psychosocial Distress of Long Waiting Lists Through Personalised Care

Benoit Raymond, Yousaf Aftab, Gulraj Matharu, Amer Karim, Rama Hasan Fathi

OP-09

16:20-16:30

Clinical Characteristics and Psychological Factors in Skin Picking Disorder: The Role of Alexithymia, Anxiety, and Depression

Canan Dere, Serife Gamze Gemicioglu, Melek Aslan Kayiran, Ilknur Kivanc Altunay

OP-10

16:30-16:40

The Management of Delusional Infestation at the Hospital for Tropical Diseases, London, United Kingdom: A retrospective analysis of an interdisciplinary approach

Cherry Choudhary, Abigail Smith, Alex Kew, Fiona Taylor, Stephen L Walker

16:40-16:55

Coffee Break

16:55-18:30

Masterclass 3- Psychopharmacology

HALL 1

Chair: Nesrin Dilbaz, Behçet Coşar

16:55-17:15

The basis of pharmacological treatment in psychodermatology

Dimitre Dimitrov

17:15-17:35

Which disease, which drug?
Are there any unmet needs?

Behçet Coşar

17:35-17:55

Novel drugs in psychopharmacology

Dmitry Romanov

17:55-18:15

Dermatological side effects of psychotherapeutic drugs

Hilal Kaya Erdoğan

18:15-18:30

Q&A



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ORAL PRESENTATIONS 2

HALL 2

Chair: Sibel Mercan, Francesca Sampogna

OP-11

16:50-17:00

Dermatitis Artefacta: The Art of Cutaneous Simulation

Andrea Ciudad Moro, Laura Parra, María Rivera López, Fernando Gallardo, María José Tribó

OP-12

17:00-17:10

An Investigation of Anxiety, Depression, and OCD Tendencies in Patients with Chronic Spontaneous Urticaria

Defne Kayıran, Melek Aslan Kayıran, Furkan Öz, Musab Turan, Mehmet Salih Gürel

OP-13

17:10-17:20

Exploring the neural basis of rosacea and its links with social anxiety: An fMRI study

Deyu Song, Ping Jiang, Wenxin Bao, Xian Jiang

OP-14

17:20-17:30

Repetitive transcranial magnetic stimulation targeting the dorsolateral prefrontal cortex for the treatment of rosacea: A case series

Deyu Song, Hongqi Xiao, Xian Jiang, Changjian Qiu

OP-15

17:30-17:40

Sleep Quality and Perceived Stress in Acne Vulgaris Patients: A Cross-Sectional Analysis

Buğra Burç Dağtaş, Duygu Yamen, Didem Kaçan, Ayliz Aksoy, Ayse Esra Koku Aksu

OP-16

17:40-17:50

The Effects of Acitretin on Depression, Anxiety, Stress, and Quality of Life in Dermatology Patients: A prospective study

Algun Polat Ekinci, Irmak Polat, Dilay Yerlioglu Ak, Ecem Gureler Sirkeci, Tugba Atci, Doruk Uludağ

OP-17

17:50-18:00

Itch, burning, stinging and pain in acne: An impact of depression and anxiety in patients from a cross-sectional study in 17 European countries

Dmitry V Romanov, Anna V Michenko, Andrey M Sheyanov, Christina Schut, Joerg Kupfer, Florence J Dalgard, Anthony Bewley, Andrea W M Evers, Uwe Gieler, Lars Lien, Francesca Sampogna, Sonja Ständer, Lucía Tomás Tomás Aragonés, Nienke Vulink, Andrew Y Finlay, Franz J Legat, Geraldine Titeca, Gregor B Jemec, Laurent Misery, Csanád Szabó, Vesna Grivcheva-Panovska, Saskia Spillekom-van Koulil, Flora Balieva, Jacek C Szepletowski, Adam Reich, Bárbara Roque Ferreira, Servando Eugenio Marron, Tamara Gracia-Cazaña, Ake Svensson, Ilknur K Altunay, Andrew R Thompson, Andrey Lvov

18:30-19:30

Opening Ceremony