



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

**1<sup>st</sup> World**  
Psychodermatology  
**Congress**

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

**08:30-09:40**

## Inflammation in Psychodermatology

**HALL 1**

Chair: *İlknur Altunay, Eva Peters*

08:30-08:45

Stress and the skin:  
Psychoneuroimmune interactions

*Hale Yapıcı Eser*

08:45-09:00

Brain-gut-skin axis: The role of microbiota

*Metin Başaranoğlu*

09:00-09:15

Molecular basis of inflammation as a cause of chronic skin disease-associated depression and stress: Is prevention or treatment possible?

*Nesrin Erçelen*

09:15-09:30

Anti-inflammatory interventions in emotional stress

*Dimitre Dimitrov*

09:30-09:40

Q&A

**09:40-10:00**

**Coffee Break** 

**10:00-11:10**

## Itch

**HALL 1**

Chair: *John de Korte, Jörg Kupfer*

10:00-10:15

Neuroimmune pathways and mediators in psychological itch

*Louise Lönndahl*

10:15-10:30

Effects of psychological interventions in the treatment of chronic itch

*Klaus Michael Taube*

10:30-10:45

Skin picking disorder.  
Diagnostic and clinical characteristics

*İlayda Gülsunay*

10:45-11:00

Psychological aspects of prurigo nodularis

*Vesna Karanikolic*

11:00-11:10

Q&A

**11:00-12:00**

## Art Therapy-Interactive Workshop1

**HALL 3**

*(Limited for 20 Participants)*

Art psychotherapy and rehabilitation programme

*Nurhan Eren*

**11:15-12:05**

## What's new in the Psychodermatology Literature

**HALL 1**

Chair : *Meltem Önder*

*Erdem Değirmenci  
Elif Afacan Yıldırım*

**12:05-13:00**

## Sponsored Lunch Symposium Lilly

**HALL 1**

Psoriasis and quality of life - Ixekizumab / Lilly

Chair : *İlknur Altunay*

*Matthias Augustin*

MAY 29 2025, THURSDAY





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13:00-13:15	Coffee Break 	
13:15-13:45	Herman-Musaph Awards	HALL 1
13:45-14:55	Chronic skin diseases and Psychodermatology (Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections) Chair: Gregor Jemec, Marcus Schimitt Egenolf	HALL 1
13:45-14:00	Mental health in atopic dermatitis	Ayşe Akman
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	Christina Schut
14:15-14:30	Clinical symptoms, disease severity and psychosocial impact in hidradenitis suppurativa	Gregor Jemec
14:30-14:45	How do genital warts affect psychosocial wellbeing?	Ayberk Aktaran
14:45-14:55	Q&A	
14:55-15:10	Coffee Break 	
15:10-16:20	Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo) Chair: Andrey Lvov, Jacek Szepietowski	HALL 1
15:10-15:25	Depression and anxiety in adolescent and postadolescent acne: Cause and effect?	Ayşe Serap Karadağ
15:25-15:40	Stress and hair loss	Maria Angeliki Gkini
15:40-15:55	Quality of life in pyoderma gangrenosum: An underestimated issue	Melek Aslan Kayıran
15:55-16:10	Psychological distress and vitiligo: Insights from surveys and interview based studies	Andrew Thompson
16:10-16:20	Q&A	



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**16:20-17:30**

## Geriatric Psychodermatology

Chair: Adam Reich, Dmitry Romanov

16:20-16:35

Geriatric itch: Senile or psychogenic itch?

Adam Reich

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

Gül Şekerlisoy

16:50-17:05

Stress in autoimmune bullous disorders

Mary Tomayko

17:05-17:20

Care for geriatric psychodermatology patient

Irmak Polat

17:20-17:30

Q-A

**17:30-18:30**

## Panel discussion

Literature, cinema and psychodermatology  
Psychoanalytic debates on literature and cinema

**HALL 1**

Tevfika İkiz

Hülya E. Taşdemir

**08:30-17:30**

## ORAL PRESENTATIONS

**HALL 2**

08:30 – 09:40

OP-01 / OP-07

**09:40-10:00**

**Coffee Break** ☕

10:00 – 11:50

OP-08 / OP-18

13:45 – 14:55

OP-18 / OP-25

**14:55-15:10**

**Coffee Break** ☕

15:10 – 16:20

OP-26 / OP-32

16:20 – 17:40

OP-33 / OP-40

08:30 – 17:40

POSTER PRESTATIONS

POSTER AREA

MAY 29 2025, THURSDAY