



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

08:30-09:40

Inflammation in Psychodermatology

HALL 1

Chair: *İlknur Altunay, Eva Peters*

08:30-08:45

Stress and the skin:
Psychoneuroimmune interactions

Hale Yapıcı Eser

08:45-09:00

Brain-gut-skin axis: The role of microbiota

Metin Başaranoğlu

09:00-09:15

Molecular Basis of Inflammation as a Cause of Chronic Skin
Disease-Associated Depression and Stress: Is Prevention or
Treatment Possible?

Nesrin Erçelen

09:15-09:30

Anti-inflammatory interventions in emotional stress

Enas Attia

09:30-09:40

Q&A

09:40-10:00

Coffee Break 

10:00-11:10

Itch

HALL 1

Chair: *John de Korte, Jörg Kupfer*

10:00-10:15

Neuroimmune pathways and
mediators in psychological itch

Louise Lönndahl

10:15-10:30

Effects of psychological interventions
in the treatment of chronic itch

Klaus Michael Taube

10:30-10:45

Skin picking disorder.
Diagnostic and clinical characteristics

İlayda Gülsunay

10:45-11:00

Psychological aspects of prurigo nodularis

Vesna Karanikolic

11:00-11:10

Q&A

11:15-12:15

Art Therapy-Interactive Workshop1

HALL 3

(Limited for 20 Participants)

Art Psychotherapy and Rehabilitation Programme

Nurhan Eren

11:15-12:05

What's new in the Psychodermatology Literature

HALL 1

Chair : *Meltem Önder*

*Erdem Değirmenci
Elif Afacan Yıldırım*

12:05-13:00

Sponsored Lunch Symposium Lilly

HALL 1

Psoriasis and Quality of life - Ixekizumab / Lilly

Chair : *İlknur Altunay*

Matthias Augustin

MAY 29 2025, THURSDAY





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13:00-13:15	Coffee Break 	
13:15-13:45	Herman-Musaph Awards	HALL 1
13:45-14:55	Chronic skin diseases and Psychodermatology (Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections) Chair: Gregor Jemec, Marcus Schimitt Egenolf	HALL 1
13:45-14:00	Mental health in atopic dermatitis	Ayşe Akman
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	Christina Schut
14:15-14:30	Clinical symptoms, disease severity and psychosocial impact in hidradenitis suppurativa	Gregor Jemec
14:30-14:45	How do genital warts affect psychosocial wellbeing?	Ayberk Aktaran
14:45-14:55	Q&A	
14:55-15:10	Coffee Break 	
15:10-16:20	Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo) Chair: Andrey Lvov, Jacek Szepietowski	HALL 1
15:10-15:25	Depression and anxiety in adolescent and postadolescent acne: Cause and Effect?	Ayşe Serap Karadağ
15:25-15:40	Stress and hair loss	Maria Angeliki Gkini
15:40-15:55	Quality of life in pyoderma gangrenosum: An underestimated issue	Melek Aslan Kayıran
15:55-16:10	Psychological distress and vitiligo: Insights from surveys and interview based studies	Andrew Thompson
16:10-16:20	Q&A	



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16:20-17:30

Geriatric Psychodermatology

Chair: Adam Reich, Dmitry Romanov

16:20-16:35

Geriatric itch: Senile or Psychogenic itch?

Adam Reich

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

Gül Şekerlisoy

16:50-17:05

Stress in autoimmune bullous disorders

Mary Tomayko

17:05-17:20

Care for geriatric psychodermatology patient

Irmak Polat

17:20-17:30

Q-A

17:30-18:30

Panel discussion

Literature, cinema and psychodermatology
Psychoanalytic debates on literature and cinema

HALL 1

Tevfika İkiz

Hülya E. Taşdemir

08:30-17:30

ORAL PRESENTATIONS

HALL 2

08:30 – 09:40

OP-01 / OP-07

09:40-10:00

Coffee Break ☕

10:00 – 11:50

OP-08 / OP-18

13:45 – 14:55

OP-18 / OP-25

14:55-15:10

Coffee Break ☕

15:10 – 16:20

OP-26 / OP-32

16:20 – 17:40

OP-33 / OP-40

08:30 – 17:40

POSTER PRESTATIONS

POSTER AREA

MAY 29 2025, THURSDAY