



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 29 2025, THURSDAY

08:30-09:40

Inflammation in Psychodermatology

HALL 1

Chair: İlknur Altunay, Eva Peters

08:30-08:45

Stress and the skin:
Psychoneuroimmune interactions

Hale Yapıcı Eser

08:45-09:00

Brain-gut-skin axis: The role of microbiota

Metin Başaranoğlu

09:00-09:15

Molecular basis of inflammation as a cause of chronic skin
disease-associated depression and stress: Is prevention or
treatment possible?

Nesrin Erçelen

09:15-09:30

Anti-inflammatory interventions in emotional stress

Dimitre Dimitrov, Enas Attia

09:30-09:40

Q&A

08:00-09:40

ORAL PRESENTATIONS 3

HALL 2

Chair: Tefrika İkiz, Kemal Özyurt

OP-18

08:00-08:10

The Prevalence Of Personality Disorders In A Psychodermatology Clinic

*Elena Takyar, Anthony Paul Bewley, Padma Mohandas, Thomas Elliot, Iyas Assalman,
Alia Ahmed, Ruth Elizabeth Taylor*

OP-19

08:10-08:20

Stigmatizing the Stigma: An Analysis of Non–Person-Centered Language in Studies
Addressing Psoriasis-Related Stigma

Elif Afacan Yıldırım

OP-20

08:20-08:30

Public Perception of JAK Inhibitor Use in Dermatology: An Analysis of United Kingdom
Social Media Conversations

*Ella Guest, Emmanuel Toni, Bernard Ho, Yousaf Aftab, Benoit Raymond,
Gulraj Matharu, Amer Karim*

OP-21

08:30-08:40

Congenital Melanocytic Naevus (CMN) Through the Lens: Exploring Successful
Adjustment in Young People with a Rare Birthmark Condition

Ella Guest, Heidi Williamson, Diana Harcourt

OP-22

08:40-08:50

The use of Systemic Corticosteroids and Immunosuppressants in Atopic Dermatitis: A
Social Media Listening Analysis of Patient Discussions

*Emmanuel Toni, Ella Guest, Ella Guest, Bernard Ho, Yousaf Aftab, Benoit Raymond,
Gulraj Matharu, Amer Karim*

OP-23

08:50-09:00

Perceptions Of Psoriasis In The General UK Population – An Exploratory, Descriptive,
Cross-Sectional, Mixed Methods Study

Emmanuel Toni, Ella Guest, Diana Harcourt, Amy Slater



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OP-24

09:00-09:10

The knowledge, awareness, and practice patterns of dermatologists and psychiatrists toward psychodermatology/dermatopsychology treatment: results of a survey study

Erişcan Melih Kırsoy, Mustafa Tümtürk

OP-25

09:10-09:20

Skin Deep Struggles: Evaluating the Quality of Life in Facial Hyperpigmentation disorders

Fatima Zahra Hammoud, Hanane Darghal, Najoua Ammar, Syrine Hamada, Nadia Ismaili, Laila Benzekri, Mariame Meziane

OP-26

09:20-09:30

State of Psycho dermatology in Tunisia: Assessment and Future Perspectives

Ihsen Zaouali, Hana Mhalla, Dalila Bouslimi, Imene Dorbani

OP-27

09:30-09:40

An Outline of Stress Management Techniques for Dermatology Patients

Hanish Babu

09:40-10:00

Coffee Break 

10:00-11:10

Itch

HALL 1

Chair: John de Korte, Joerg Kupfer

10:00-10:15

Neuroimmune pathways and mediators in psychological itch

Louise Lönndahl

10:15-10:30

Effects of psychological interventions in the treatment of chronic itch

Klaus Michael Taube

10:30-10:45

Skin picking disorder.
Diagnostic and clinical characteristics

İlayda Gülsunay

10:45-11:00

Psychological aspects of prurigo nodularis

Vesna Karanikolic

11:00-11:10

Q&A

10:00-11:50

ORAL PRESENTATIONS 4

HALL 2

Chair: Melek Aslan Kayıran, Eva Peters

OP-28

10:00-10:10

Orthorexia Nervosa Among Psoriasis Patients: A Trend-Chasing Psychological Comorbidity

Hazel Ezgi Kaya

OP-29

10:10-10:20

The Significance of Psychological Stress Factors in Patients Suffering from Telogen Effluvium

Dilara Tuzcu, Sıla Serin, Birgül Özkesici Kurt, Pınar Özdemir Çetinkaya, Efruz Pirdoğan Aydın, Ilknur Kıvanç Altunay



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OP-30

10:20-10:30

Psychosocial impact of pediatric alopecia areata on patients and their families:
A multicenter analysis

Melek Aslan Kayıran, Ilknur Kıvanç Altunay, Hümeysra Özger Abdullahoğlu, Betül Taş, Ayşegül Yalçınkaya İyidal, Arzu Ferhatosmanoğlu, Gözde Ulutaş Demirbaş, Hatice Kaya Özden, Mübeccel Alkurt Demirci, Elif Afacan Yıldırım, Fatma Eteğü, Esra Ağaoğlu, Emel Erdal Çalikoğlu, Neşe Göçer Gürok, Pınar Özdemir Çetinkaya, Semih Arslan, Nermin Karaosmanoğlu, Berkay Dirliktutan, İlayda Esna Gülsunay

OP-31

10:30-10:40

Holistic Investigation of Skin Picking Disorder and Major Depression with
Art Psychotherapy: A Case Report

Rabia Karanfil, Fatma Tezcan Karadeniz, Irmak Polat, Nurhan Eren

OP-32

10:40-10:50

The psychosocial burden of primary scarring alopecia
Iuliia Romanova, Aida Gadzhigorieva

OP-33

The diagnostic dilemma in psychodermatology: Trichotillomania or
Dorian Gray syndrome?

Iuliia Yuryevna Romanova, Aida Guseikhanovna Gadzhigorieva, Dmitry Vladimirovich Romanov

OP-34

11:00-11:10

Do psoriasis patients and healthy-skin controls differ in their desire to socially distance
from persons with visible psoriasis?

Johanna Munz, Rodrigo Valdes Rodriguez, Marcel Schepko, Jörg Kupfer, Christina Schut

OP-35

11:10-11:20

Effectiveness of the {HautKompass} Online Programme in Reducing Self-Stigma in
People with Chronic Skin Diseases - A randomized controlled trial

Juliane Traxler, Caroline F. Z. Stuhlmann, Neuza da Silva Burger, Christian Stierle, Vahid Djamei, Anna Darzina, Marie Rudnik, Rachel Sommer

OP-36

11:20-11:30

Therapeutic Effects of Topical Tramadol liposomal gel (TrLG) and Tramadol
hydrochloride solution (TrHC) on Symptoms of Chronic Pruritus:
BALB/c Mice Preclinic Model

Kardelen İflazoglu Altın, Ercan Caliskan, Ahmet Tugrul Su, Gulcin Simsek, Ozgur Esim, Okan Ali Aksoy, Berk Alp Goksel

OP-37

11:30-11:40

Mindfulness Meditation in Treatment of Dermatological Diseases

Kemal Özyurt

OP-38

11:40-11:50

Investigation of Depression, Anxiety, Posttraumatic Stress Disorder, Suicidal Ideation,
and Skindex-16 in Pemphigus and Pemphigoid Patients

Malik Güngör, Ali Erdoğan, Soner Uzun



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11:00-12:00	Art Therapy-Interactive Workshop1 (Limited for 20 Participants) Art psychotherapy and rehabilitation programme	HALL 3 Nurhan Eren
11:15-12:05	What's new in the Psychodermatology Literature Chair : Meltem Önder	HALL 1 Erdem Değirmenci Elif Afacan Yıldırım
12:05-13:00	Lunch Symposium	HALL 1
13:00-13:15	Coffee Break ☕	
13:15-13:45	The Herman Musaph Award Ceremony Chair: John de Korte	HALL 1
13:45-14:55	Chronic skin diseases and Psychodermatology (Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections) Chair: Gregor Jemec, Marcus Schmitt Egenolf	HALL 1
13:45-14:00	Mental health in atopic dermatitis	Ayşe Akman
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	Eva Peters
14:15-14:30	Clinical symptoms,disease severity and psychosocial impact in hidradenitis suppurativa	Gregor Jemec
14:30-14:45	How do genital warts affect psychosocial wellbeing?	Ayberk Aktaran
14:45-14:55	Q&A	
13:50-15:00	ORAL PRESENTATIONS 5 Chair: Behçet Coşar, Asude Kara Polat	HALL 2
OP-39 13:50-14:00	Impact of atopic eczema on life choices and destiny: a global study Jonathan I. Silverberg, Roni Dodiuk Gad, Roberto Takaoka, Jerry Tan, Chapying Gu, Thomas Luger, Bruno Halioua, Flavia Pretti Aslanian, Cita Rosita Prakoeswa, <u>Ludivine Canchy</u> , Caroline Le Floc'h, Nabil Kerrouche, Delphine Kerob, Charles Taieb, Charbel Skayem, Therdpong Tempark, Abraham Getachew, Alexander Stratigos, Martin Steinhoff, Julien Seneschal, Laurent Misery	



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OP-40

14:00-14:10

Differential impact of atopic eczema by age of onset: findings from the “Scars of Life” project.

Jonathan I. Silverberg, Roni Dodiuk Gad, Roberto Takaoka, Jerry Tan, Chaoying Gu, Thomas Luger, Bruno Halioua, Flavia Pretti Aslanian, Cita Rosita Sigit Prakoeswa, Ludivine Canchy, Caroline Le Floc’h, Nabil Kerrouche, Delphine Kerob, Charles Taieb, Charbel Skayem, Therdpong Tempark, Abraham Getachew, Alexander Stratigos, Martin Steinhoff, Julien Seneschal, Laurent Misery

OP-41

14:10-14:20

Measuring the influence of skin diseases on personal decisions: creation and validation of the scars of life questionnaire

Khaled Ezzedine, Delphine Kerob, Ludivine Canchy, Caroline Le Floc’h, Claire Della Vedova, Emmannuel Chamorey, Charbel Skayem, Charles Taieb, Jonathan Silverberg

OP-42

14:20-14:30

Mental health of individuals with vitiligo in Germany – Analysis of a nationwide health insurance database and internal diagnostic validation

Theresa Klinger, Matthias Augustin, Steffen Moritz, Gregor Leicht, Kristina Hagenström

OP-43

14:30-14:40

Psychodermatological approach for successful treatment of acne: A model of integrated approach with laser treatment and habit reversal therapy

Julian Zlatkov Penev, Milla Petkova Balabanova

OP-44

14:40-14:50

Permanent Skin Changes After Pregnancy and Breastfeeding Effects of Body Image on Quality of Life

Nurhan Döner Aktaş, Gamze Durmazoğlu

OP-45

14:50-15:00

Qualitative interviews with parents of children with Epidermolysis Bullosa (EB), and healthcare professionals: development of a self-help toolkit

Olivia Hughes, Faith Martin, Andrew R. Thompson

13:50 15:00

POSTER PRESENTATION - 1

Chair: Aslı Aksu, Hilal Kaya Erdoğan

EVALUATION KIOSK

PP-01

13:50-13:57

Beyond Skin Deep: A Decade of Patient Voices Through

Novel Patient-Reported Outcomes in Dermatology

Ewelina Wajs, Ismail Kasujee, Volker Koscielny, Arnau Domenech

PP-02

13:57-14:04

Are we ready to use the WHO-5 questionnaire in Dermatology?

Arnau Domenech, Ismail Kasujee, Volker Koscielny, Christopher Em Griffiths

PP-03

14:04-14:11

A rare psychodermatology case: The co-occurrence of trichotillomania and trichodynia

Damla Erbil, Behcet Cosar



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PP-04

14:11-14:18

Itch in acne is not related to psychological characteristics but to clinical parameters:
Results of cross-sectional study in 17 European countries

Dmitry V Romanov, Anna V Michenko, Andrey M Sheyanov, Christina Schut, Joerg Kupfer, Florence J Dalgard, Anthony Bewley, Andrea W M Evers, Uwe Gieler, Lars Lien, Francesca Sampogna, Sonja Ständer, Lucía Tomás Aragonés, Nienke Vulink, Andrew Y Finlay, Franz Legat, Geraldine Titeca, Gregor Jemec, Laurent Misery, Csanád Szabó, Vesna Grivcheva-Panovska, Saskia Spillekom-van Koulil, Flora Balieva, Jacek Szepletowski, Adam Reich, Bárbara Roque Ferreira, Servando E Marron, Tamara Gracia-Cazaña, Ake Svensson, Ilknur K Altunay, Andrew R Thompson, Andrey Lvov

PP-05

14:18-14:25

Analysis Of Itch Prevalence And Its Characteristics Among Acne Patients

Elizaveta E. Sidorenko, Olga A. Sidorenko, Andrey N. Lvov

PP-06

14:25-14:32

Development and validation of the Dermatology Social Comparison (DSC) Scale

Ellie Choi, Nisha Chandran, Ruochen Du, Yik Weng Yew, Valencia Long, Hazel Oon, Phillip Phan, Jose Valderas

PP-07

14:25-14:32

The Relationship Between Itch Area and Severity and Anxiety and Depression Levels in Patients with Psychogenic Pruritus

Fatma Yaprak, Doğa Yöntem, Muhammed Kaan Temirkaynak, Selcuk Aslan, Esra Adışen

PP-08

14:39-14:46

Misconception and False Ideation of Public Toward Dermatology Diseases, a Narrative Review

Hamad Alfahaad

PP-09

14:46-14:53

Turkish Adaptation of the Psychosomatic Symptom Scale (PSSS): Preliminary Findings on Validity and Reliability

Ihsan Yelli, Selin Ozcelep, Muhammed Hakan Aksu, Buket Koparal, Irem Ekmekci Ertek, Behcet Cosar

PP-10

14:53-15:00

Psychodermatology in Latvia: A missing link in dermatological care

Ilona Krone, Christian Stierle

14:55-15:10

Coffee Break 



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15:10-16:20

Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo)

HALL 1

Chair: Andrey Lvov, Jacek Szepietowski

15:10-15:25	Depression and anxiety in adolescent and postadolescent acne: Cause and effect?	Ayşe Serap Karadağ
15:25-15:40	Stress and hair loss	Maria Angeliki Gkini
15:40-15:55	Quality of life in pyoderma gangrenosum: An underestimated issue	Melek Aslan Kayıran
15:55-16:10	Psychological distress and vitiligo: Insights from surveys and interview based studies	Andrew Thompson
16:10-16:20	Q&A	

15:10-16:40

ORAL PRESENTATIONS 6

HALL 2

Chair: Andrey Lvov, Belma Tursen

OP-46

Choice of antipsychotics in delusional infestation

15:10-15:20

Peter Lepping, Paul K Tang, Sophie Gertrud Lepping, Eric O Noorthoorn, Stephen Bertel Squire, Mohandas Padma, Bewley Anthony

OP-47

Outcomes for Delusional Infestation in Multidisciplinary Clinics

15:20-15:30

Peter Lepping, Eric O Noorthoorn, Sophie Gertrud Lepping, Paul K Tang, Stephen Bertel Squire, Bewley Anthony

OP-48

When PASI is not enough: psychological impairments despite improvements in skin

15:30-15:40

Rachel Sommer, Ulrich Mrowietz, Sascha Gerdes, Ziad Reguiai, Wolfgang Weger, Esteban Daudén, Julia Tatjana Maul, Pierre Dominique Ghislain, Philip Laws, Luigi Naldi, Elke De Jong, Sicily Mburu, Volker Koscielny, Eric Massana, Arnau Domenech, Kristian Gaarn Du Jardin, Ismail Kasujee, Matthias Augustin

OP-49

Psycholag in Moderate-to-Severe Psoriasis: Insights from the POSITIVE Study on Psychological Well-being and Treatment with Tildrakizumab

15:40-15:50

Rachel Sommer, Matthias Augustin, Sascha Gerdes, Ziad Reguiai, Wolfgang Weger, Esteban Daudén, Julia Tatjana Maul, Pierre Dominique Ghislain, Philip Laws, Luigi Naldi, Elke De Jong, Sicily Mburu, Volker Koscielny, Eric Massana, Arnau Domenech, Kristian Du Jardin, Ismail Kasujee, Ulrich Mrowietz

OP-50

Atypical Autonomous Self Mutilating Disorder in Psychodermatology

15:50-16:00

Raunak Modak, Anthony Bewley, Padma Mohandas, Alia Ahmed, Ilyas Assalman, Ruth Taylor

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OP-51

16:00-16:10

The Use Of Habit Reversal Therapy In Trichotillomania

Saerrah Murryam, Linda McMahon, Satwinderjit Shinhmar, Archana Rao

OP-52

16:10-16:20

The Relationship Between Acne Vulgaris, Eating Disorders, and Difficulties in Emotion Regulation: A Survey Study

Çağdaş Boyvadoğlu, Çağla Boyvadoğlu

OP-53

16:20-16:30

The psychodermatological problems faced by transgenders in the process of gender affirmation

Selcan Sönmezer, Leyla Küçük, Şenol Turan

OP-54

16:30-16:40

The association between acne vulgaris and social anxiety mediating by anxiety sensitivity

Sezin Unlu Acikel, Gök Nur Kalkan, Ali Caykoylu, Akın Aktaş

15:10-16:27

POSTER PRESENTATION - 2

EVALUATION KIOSK

Chair: Vesna Karankolić, Dimitre Dimitrov

PP-11

15:10-15:17

The Relationship Between Acne Severity and Cyberchondria: A Cross-Sectional Study

Mehmet Güleğül, Irem Ekmekçi Ertek, Muhammed Hakan Aksu, Esra Adışen, Nilsel Ilter, Behcet Cosar

PP-12

15:17-15:24

Can We Stay Resilient When Our Skin Suffers? A Cross-Sectional Study On Factors Affecting Resilience In Patients With Hidradenitis Suppurativa

Aycan Kayalar, Mehmet Güleğül, Irem Ekmekçi Ertek, Muhammed Hakan Aksu, Behcet Coşar, Esra Adışen

PP-13

15:24-15:31

Psychiatric Evaluation for Patients, Before and During Apremilast Treatment

Merve Ocağışen, Irmak Polat

PP-14

15:31-15:38

Development and Feasibility Testing of "MindMySkin": a Psychodermatological intervention to reduce symptom burden of dermatology patients

Janet Dua, Valencia Long, Jiayi Chow, Pei Ming Yeo, Jiayan Ding, Nisha Suyien Chandran, Qasrina Lim, Wilson Sim, Wan Ing Chong, Oliver Suendermann, Deborah Choi, Phillip Phan, Kean Hsu, Ellie Choi

PP-15

15:38-15:45

Well-being In German Patients With Vitiligo In Sexually-Sensitive And Visible Body Areas

Janne Ohlenbusch, Rachel Sommer, Kerstin Steinbrink, Markus Böhm

PP-16

The Impact of Seborrheic Dermatitis on Quality of Life: A Systematic Review of Disease Burden, Treatment Outcomes, and Environmental Factors

Klara Cvenkel



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PP-17

15:52-15:59

The association between atopic dermatitis and ADHD subtypes

Morgan Ye, Andrea Gelabert-Mora, Nathalia Hoffman Guarda, Samir Salah, Delphine Kerob, Ludivine Canchy and Katrina Abuabara

PP-18

15:59-16:06

Developing a self-help toolkit for supporting wellbeing in parents of children with Epidermolysis Bullosa (EB)

Olivia Hughes, Faith Martin, Andrew Thompson

PP-19

16:06-16:13

The Psychological Factors Affecting Fabric Selection on Atopic Eczema compared to Healthy Skin

Prasanna Karunarathne Liyanage Abeywardenalage, Amila Bandara Wickramanayake

PP-20

16:13-16:20

The Use of Habit Reversal Therapy for Lip Licker's Dermatitis

Saerrah Murryam, Linda McMahon, Satwinderjit Shinhmar, Archana Rao

PP-21

16:20-16:27

Refractory rosacea and the use of the bio-psycho-social model

Sandra Johansson

16:20-17:30

Geriatric Psychodermatology

HALL 1

Chair: Adam Reich, Dmitry Romanov

16:20-16:35

Geriatric itch: Senile or psychogenic itch?

Adam Reich

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

Gül Şekerlisoy

16:50-17:05

Stress in autoimmune bullous disorders

Mary Tomayko

17:05-17:20

Care for geriatric psychodermatology patient

Irmak Polat

17:20-17:30

Q-A

16:40-18:10

ORAL PRESENTATIONS 7

HALL 2

Chair: Nienke Vulink, Emel Erdal Çalıköğlu

OP-55

16:40-16:50

Navigating the Intersection Between Dermatology and Psychiatry:
A Case Of Pathological Skin Picking With Personality Disorder

Shree Kapoor

OP-56

16:50-17:00

Dermatology and Phenomenology: how lived experiences of dermatological conditions should shape our practice

Sophie Wenqing Ma

OP-57

17:00-17:10

The role of psych dermatology in patients undergoing treatment for autoimmune bullies dermatoses: a neglected domain

Stuttee Mehra



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OP-58

17:10-17:20

Hidradenitis suppurativa: addressing the hidden psychological burden beyond skin lesions

Stuttee Mehra

OP-59

17:20-17:30

The role of neuroinflammation in chronic dermatological disorders:
A psychodermatological perspective

Stuttee Mehra

OP-60

17:30-17:40

Trichotillomania and psychogenic hair loss: A review of integrated treatment strategies

Stuttee Mehra

OP-61

17:40-17:50

Quality and Engagement Analysis of Turkish-Language YouTube Videos on Trichotillomania

Buğra Burç Dağtaş, Yasemin Bolat Eren, Ipek Şakir, Ayse Esra Koku Aksu

OP-62

17:50-18:00

Bridging the Gap in Alopecia areata (Aa) Care: A Delphi Survey and Expert Insights on Psychosocial Consequences

Yousaf Aftab, Benoit Raymond, Gulraj Matharu, Amer Karim

OP-63

18:00-18:10

Shugan Yangxue Jiedu Decoction inhibited the inflammatory reaction induced by the over-activation of the gut-brain-skin axis and ameliorated the psoriasis-like lesions induced by Imiquimod in rats

Zixuan Wang, Guangzhong Zhang

17:30-18:30

Panel discussion

Literature, cinema and psychodermatology

Psychoanalytic debates on literature and cinema

HALL 1

Tevfika İkiz

Hülya E. Taşdemir