



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

**1<sup>st</sup> World**  
Psychodermatology  
**Congress**

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

**08:30-09:40**

## Pediatric Psychodermatology

*Chair: Sibel Mercan, Peter Lepping*

08:30-08:45

Mother-infant relationship and eczema

*Sibel Mercan*

08:45-09:00

Childhood Trauma in psoriasis

*Asja Prohic*

09:00-09:15

Skin picking and traumatic experiences (Case series)

*Elif Yavuz Sever*

09:15-09:30

Trichotillomania, onychotillomania and childhood trauma (Case series)

*Kübra Koç*

09:30-09:40

Q&A

**09:40-10:00**

**Coffee Break** 

**10:00-11:00**

## Satellite Symposium / Novartis

**HALL 1**

Hidradenitis suppurativa and Life Burden - Secukinumab

**10:00-11:00**

## Art Therapy-Interactive Workshop 2

**HALL 3**

*(Limited for 20 Participants)*

Art Psychotherapy and Rehabilitation Programme

*Nurhan Eren*

**11:00-12:10**

## Special Topics: Sleep, Suicide, Sexual Disorders

**HALL 1**

*Chair: Ümit Tursen, Marta Garcia Bustinduy*

11:00-11:15

Neurobiology of sleep

*Ümit Tursen*

11:15-11:30

Sleep disorders in chronic skin disorders

*Marta Garcia Bustinduy*

11:30-11:45

Recognising suicidal risk in psychodermatology patients

*Alia Ahmed*

11:45-12:00

Sexual dysfunction and skin disorders

*Francesca Sampogna*

12:00-12:10

Q&A

**12:10-13:10**

## Lunchtime Sponsored Symposium / Abbvie

**HALL 1**

Upadacitinib in Atopic Dermatitis - Quality of Life and Psychosocial burden

**13:10-13:40**

**Coffee Break** 



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13:40-14:50

## Difficult Diseases To Treat

HALL 1

Chair: Francisco Tausk, İrem Ekmekçi Ertek

13:40-13:55

Why is it difficult to treat delusional parasitosis?  
Approach and management

Francisco Tausk

13:55-14:10

How can a patient with substance use  
be recognized dermatologically?

Peter Lepping

14:10-14:25

Skin cancer and tanorexia:  
Dilemma between beauty and disease

Belma Tursen

14:25-14:40

OCD related cutaneous diseases:  
Psychodermatological approach

İrem Ekmekçi Ertek

14:40-14:50

Q&A

14:50-15:10

## Coffee Break

15:10-16:20

## Environmental and Social Factors in Psychodermatology

HALL 1

Chair: Jacek Szepietowski, Florence Dalgard

15:10-15:25

How do cosmetological interventions  
and psychology influence each other?

Ezgi Özkur

15:25-15:40

Impact of social media on  
psychodermatology: Pros and Cons

Asude Kara Polat

15:40-15:55

The significance of family therapy in psoriasis

Francoise Poot

15:55-16:10

Chronic Hand Eczema and Psyche

Jacek Szepietowski

16:10-16:20

Q&A

16:20-17:30

## New Approaches, New Therapies In Psychodermatology

HALL 1

Chair: Oğuz Karamustafalıoğlu, Emel Çalikoğlu

16:20-16:35

Are mind-body interventions myth or reality?

Irmak Polat

16:35-16:50

Technology and psychosomatic medicine:  
Virtual reality in psychodermatology

Simon M. Mueller

16:50-17:05

Repetitive transcranial magnetic stimulation  
in skin picking

Oğuz Karamustafalıoğlu

17:05-17:20

Telemedicine and psychodermatology

Emel Çalikoğlu

17:20-17:30

Q&A

17:30-18:30

## ESDAP EC Meeting

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