



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

08:30-09:40

Pediatric Psychodermatology

Chair: Sibel Mercan, Peter Lepping

08:30-08:45

Mother-infant relationship and eczema

Sibel Mercan

08:45-09:00

Childhood trauma in psoriasis

Asja Prohic

09:00-09:15

Skin picking and traumatic
experiences (Case series)

Elif Yavuz Sever

09:15-09:30

Trichotillomania, onychotillomania
and childhood trauma (Case series)

Kübra Koç

09:30-09:40

Q&A

09:00-10:00

World Psychodermatology Association Committee Meeting

09:40-10:00

Coffee Break ☕

10:00-11:00

Satellite Symposium

HALL 1

11:00-12:00

Art Therapy-Interactive Workshop 2

(Limited for 20 Participants)

Art psychotherapy and rehabilitation programme

HALL 3

Nurhan Eren

11:00-12:10

Special Topics: Sleep, Suicide, Sexual Disorders

HALL 1

Chair: Ümit Tursen, Marta Garcia Bustinduy

11:00-11:15

Neurobiology of sleep

Ümit Tursen

11:15-11:30

Sleep disorders in chronic skin disorders

Marta Garcia Bustinduy

11:30-11:45

Recognising suicidal risk
in psychodermatology patients

Alia Ahmed

11:45-12:00

Sexual dysfunction and skin disorders

Francesca Sampogna

12:00-12:10

Q&A

12:10-13:10

Lunchtime Symposium

HALL 1

13:10-13:40

Coffee Talks

The importance of considering QoL in chronic skin disorders

John de Korte

MAY 30 2025, FRIDAY



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13:40-14:50

Difficult Diseases To Treat

HALL 1

Chair: Francisco Tausk, İrem Ekmekçi Ertek

13:40-13:55

Why is it difficult to treat delusional parasitosis?
Approach and management

Francisco Tausk

13:55-14:10

Points to consider in psychopharmacologic treatment of DI

Peter Lepping

14:10-14:25

Skin cancer and tanorexia:
Dilemma between beauty and disease

Belma Tursen

14:25-14:40

OCD related cutaneous diseases:
Psychodermatological approach

İrem Ekmekçi Ertek

14:40-14:50

Q&A

14:50-15:10

Coffee Break ☕

15:10-16:20

Environmental and Social Factors in Psychodermatology

HALL 1

Chair: Jacek Szepietowski, Florence Dalgard

15:10-15:25

How do cosmetological interventions
and psychology influence each other?

Ezgi Özkur

15:25-15:40

Impact of social media on
psychodermatology: Pros and cons

Asude Kara Polat

15:40-15:55

The significance of family therapy in psoriasis

Francoise Poot

15:55-16:10

Chronic hand eczema and psyche

Jacek Szepietowski

16:10-16:20

Q&A

16:20-17:30

New Approaches, New Therapies In Psychodermatology

HALL 1

Chair: Oğuz Karamustafalıoğlu, Emel Çalikoğlu

16:20-16:35

Are mind-body interventions myth or reality?

Irmak Polat

16:35-16:50

Technology and psychosomatic medicine:
Virtual reality in psychodermatology

Simon M. Mueller

16:50-17:05

Repetitive transcranial magnetic stimulation
in skin picking

Oğuz Karamustafalıoğlu

17:05-17:20

Telemedicine and psychodermatology

Emel Çalikoğlu

17:20-17:30

Q&A

17:40 - 18:40

GENERAL ASSEMBLY

HALL 1