



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

**1<sup>st</sup> World**  
Psychodermatology  
**Congress**

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

08:30-09:40

## Pediatric Psychodermatology

Chair: *Sibel Mercan, Peter Lepping*

08:30-08:45

Mother-infant relationship and eczema

*Sibel Mercan*

08:45-09:00

Childhood Trauma in psoriasis

*Asja Prohic*

09:00-09:15

Skin picking and traumatic experiences (Case series)

*Elif Yavuz Sever*

09:15-09:30

Trichotillomania, onychotillomania and childhood trauma (Case series)

*Kübra Koç*

09:30-09:40

Q&A

09:00-10:00

## World Psychodermatology Association Committee Meeting

09:40-10:00

Coffee Break 

10:00-11:00

## Satellite Symposium

**HALL 1**

Hidradenitis suppurativa and Life Burden

10:00-11:00

## Art Therapy-Interactive Workshop 2

**HALL 3**

(Limited for 20 Participants)

Art Psychotherapy and Rehabilitation Programme

*Nurhan Eren*

11:00-12:10

## Special Topics: Sleep, Suicide, Sexual Disorders

**HALL 1**

Chair: *Ümit Tursen, Marta Garcia Bustinduy*

11:00-11:15

Neurobiology of sleep

*Ümit Tursen*

11:15-11:30

Sleep disorders in chronic skin disorders

*Marta Garcia Bustinduy*

11:30-11:45

Recognising suicidal risk in psychodermatology patients

*Alia Ahmed*

11:45-12:00

Sexual dysfunction and skin disorders

*Francesca Sampogna*

12:00-12:10

Q&A

12:10-13:10

## Lunchtime Symposium

**HALL 1**

*Mario Angeliki Gkini*

*Emel Bülbül Başkan*

13:10-13:40

Coffee Talks

*John de Korte*



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**13:40-14:50**

## Difficult Diseases To Treat

**HALL 1**

*Chair: Francisco Tausk, İrem Ekmekçi Ertek*

13:40-13:55

Why is it difficult to treat delusional parasitosis?  
Approach and management

*Francisco Tausk*

13:55-14:10

How can a patient with substance use  
be recognized dermatologically?

*Peter Lepping*

14:10-14:25

Skin cancer and tanorexia:  
Dilemma between beauty and disease

*Belma Tursen*

14:25-14:40

OCD related cutaneous diseases:  
Psychodermatological approach

*İrem Ekmekçi Ertek*

14:40-14:50

Q&A

**14:50-15:10**

## Coffee Break

**15:10-16:20**

## Environmental and Social Factors in Psychodermatology

**HALL 1**

*Chair: Jacek Szepietowski, Florence Dalgard*

15:10-15:25

How do cosmetological interventions  
and psychology influence each other?

*Ezgi Özkur*

15:25-15:40

Impact of social media on  
psychodermatology: Pros and Cons

*Asude Kara Polat*

15:40-15:55

The significance of family therapy in psoriasis

*Francoise Poot*

15:55-16:10

Chronic Hand Eczema and Psyche

*Jacek Szepietowski*

16:10-16:20

Q&A

**16:20-17:30**

## New Approaches, New Therapies In Psychodermatology

**HALL 1**

*Chair: Oğuz Karamustafalıoğlu, Emel Çalikoğlu*

16:20-16:35

Are mind-body interventions myth or reality?

*Irmak Polat*

16:35-16:50

Technology and psychosomatic medicine:  
Virtual reality in psychodermatology

*Simon M. Mueller*

16:50-17:05

Repetitive transcranial magnetic stimulation  
in skin picking

*Oğuz Karamustafalıoğlu*

17:05-17:20

Telemedicine and psychodermatology

*Emel Çalikoğlu*

17:20-17:30

Q&A

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