



# 21st Congress of the European Society for Dermatology and Psychiatry

28-31 MAY 2025

# 1<sup>st</sup> World Congress Psychodermatology



[www.esdap25-wcpd.com](http://www.esdap25-wcpd.com)

## PROGRAMME



# 21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 28 2025, WEDNESDAY

13:45 - 14:00	Welcome Talks	
14:00-15:10	<b>Masterclass 1- Patient-Doctor relationship: Tips for a clinician</b>	<b>HALL 1</b>
	<i>Chair: Francoise Poot, Uwe Gieler</i>	
14:00-14:15	How can a dermatologist evaluate psychological problems and needs of a psychodermatology patient	Francoise Poot
14:15-14:30	Working with psychodermatology patients as a psychoanalytic psychosomatician	Tevfika İkiz
14:30-14:45	Shared decision making for patient-centered care in dermatology	Nesrin Dilbaz
14:45-15:00	Case study	Tanya Tanev
15:00-15:10	Q&A	
15:10-16:40	<b>Masterclass 2- Psychotherapies in Psychodermatology</b>	<b>HALL 1</b>
	<i>Chair: Florence Dalgard, Nienke Vulink</i>	
15:10-15:30	Cognitive behavioural therapy	Nienke Vulink
15:30-15:50	Group psychotherapy	Uwe Gieler
15:50-16:10	Art psychotherapy	Bihter Yasemin Adalı
16:10-16:30	Psychoanalytic psychotherapy and psychoanalysis	Aslı Kuruoğlu
16:30-16:40	Q&A	
15:00-16:40	<b>ORAL PRESENTATIONS 1</b>	<b>HALL 2</b>
	<i>Chair: Algün Polat Ekinci, Andrew Thompson</i>	
<b>OP-01</b> 15:00-15:10	The Impact of IL-17 and IL-23 Blockers on Depression, Anxiety, and Quality of Life: Insights from Inflammatory Markers from a Multicenter Study  <i>Ilknur Kivanc Altunay, Ayşenur Demir, Ahmet Kayaaltı, Sena Inal Aptoula, Dilek Canat, Burhan Engin, Yusuf Can Erkoç, İlteriş Oğuz Topal, Aslıhan Kul</i>	
<b>OP-02</b> 15:10-15:20	Prevalence of Attention Deficit Hyperactivity Disorder and Autistic Spectrum Disorder in Patients with Skin Picking and Hair Pulling Disorders in a Psychodermatology Clinic  <i>Alima Yasmin, Ruth Elizabeth Taylor, Iyas Assalman, Anthony Paul Bewley, Padma Mohandas, Alia Ahmed4, Maria Angelika Gkini</i>	
<b>OP-03</b> 15:20-15:30	The abstract has been withdrawn by the author.	
<b>OP-04</b> 15:30-15:40	"Beyond the Scales: Psychosocial Burden of Mild to Moderate Scalp Psoriasis. A Baseline Analysis of the PRO-SCALP Study"  <i>Anthony Bewley, Jose Luis López Estebaranz, Andreas Pinter, Jordi Galván, Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasuje</i>	



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## OP-05

15:40-15:50

Impact of calcipotriene and betamethasone dipropionate cream with PAD technology on patient symptoms and psychosocial burden among patients with mild-to-moderate scalp psoriasis in routine clinical practices in Europe. The PRO-SCALP study

*Anthony Bewley, Andreas Pinter, Jose Luis López Estebaranz, Jordi Galván, Siva Narayanan, Arnau Domenech, Volker Koscielny, Ismail Kasujee*

## OP-06

Impact

15:50-16:00

Patient-Centered Outcomes in Dermatology: A Paradigm Shift in Measuring Disease

*Arnau Domenech, Ismail Kasujee, Volker Koscielny, Anthony Bewley*

## OP-07

16:00-16:10

Quality of Life and Cosmetic Seeking in Patients With Androgenetic Alopecia: A Psychodermatologic Perspective

*Melek Aslan Kayıran, Güldehan Atış, Behiye Begüm Önlen, Bengü Çevirgen Cemil, Göknur Kalkan, Dürüye Deniz Demirseren, Fatma Etgül, Işıkhan Özkır, İlknur Kivanç Altunay, Sümeyye Altıntaş Kakşı, Selma Emre, Aylin Türel Ermertcan, Tuba Nur Çetinarslan, Ayşenur Şam Sarı*

## OP-08

16:10-16:20

Aiming to "Wait Well" for Patients With Atopic Dermatitis (AD): A Mixed Methods Study on Reducing Psychosocial Distress of Long Waiting Lists Through Personalised Care

*Benoit Raymond, Yousaf Aftab, Gulraj Matharu, Amer Karim, Rama Hasan Fathi*

## OP-09

16:20-16:30

Clinical Characteristics and Psychological Factors in Skin Picking Disorder: The Role of Alexithymia, Anxiety, and Depression

*Canan Dere, Serife Gamze Gemicioglu, Melek Aslan Kayiran, İlknur Kivanc Altunay*

## OP-10

16:30-16:40

The Management of Delusional Infestation at the Hospital for Tropical Diseases, London, United Kingdom: A retrospective analysis of an interdisciplinary approach

*Cherry Choudhary, Abigail Smith, Alex Kew, Fiona Taylor, Stephen L Walker*

16:40-16:55

Coffee Break 

16:55-18:30

## Masterclass 3- Psychopharmacology

Chair: Nesrin Dilbaz, Behçet Coşar

HALL 1

16:55-17:15

The basis of pharmacological treatment in psychodermatology

Dimitre Dimitrov

17:15-17:35

Which disease, which drug?  
Are there any unmet needs?

Behçet Coşar

17:35-17:55

Novel drugs in psychopharmacology

Dmitry Romanov

17:55-18:15

Dermatological side effects of psychotherapeutic drugs

Hilal Kaya Erdoğan

18:15-18:30

Q&A

MAY 28 2025, WEDNESDAY



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MAY 28 2025, WEDNESDAY

**16:50-18:00**

## ORAL PRESENTATIONS 2

HALL 2

Chair: *Sibel Mercan, Francesca Sampogna*

**OP-11**

16:50-17:00

Dermatitis Artefacta: The Art of Cutaneous Simulation

*Andrea Ciudad Moro, Laura Parra, María Rivera López, Fernando Gallardo, María José Tribó*

**OP-12**

17:00-17:10

An Investigation of Anxiety, Depression, and OCD Tendencies in Patients with Chronic Spontaneous Urticaria

*Defne Kayıran, Melek Aslan Kayıran, Furkan Öz, Musab Turan, Mehmet Salih Gürel*

**OP-13**

17:10-17:20

Exploring the neural basis of rosacea and its links with social anxiety: An fMRI study

*Deyu Song, Ping Jiang, Wenxin Bao, Xian Jiang*

**OP-14**

17:20-17:30

Repetitive transcranial magnetic stimulation targeting the dorsolateral prefrontal cortex for the treatment of rosacea: A case series

*Deyu Song, Hongqi Xiao, Xian Jiang, Changjian Qiu*

**OP-15**

17:30-17:40

Sleep Quality and Perceived Stress in Acne Vulgaris Patients:

A Cross-Sectional Analysis

*Bağrı Burç Dağtaş, Duygu Yamen, Didem Kaçan, Ayliz Aksoy, Ayşe Esra Koku Aksu*

**OP-16**

17:40-17:50

The Effects of Acitretin on Depression, Anxiety, Stress, and Quality of Life in Dermatology Patients: A prospective study

*Algun Polat Ekinci, Irmak Polat, Dilay Yerlioglu Ak, Ecem Gureler Sirkeci, Tugba Atci, Doruk Uludağ*

**OP-17**

17:50-18:00

Itch, burning, stinging and pain in acne: An impact of depression and anxiety in patients from a cross-sectional study in 17 European countries

*Dmitry V Romanov, Anna V Michenko, Andrey M Sheyanov, Christina Schut, Joerg Kupfer, Florence J Dalgard, Anthony Bewley, Andrea W M Evers, Uwe Gieler, Lars Lien, Francesca Sampogna, Sonja Ständer, Lucía Tomás Tomás Aragonés, Nienke Vulink, Andrew Y Finlay, Franz J Legat, Geraldine Titeca, Gregor B Jemec, Laurent Misery, Csanád Szabó, Vesna Grivcheva-Panovska, Saskia Spillekom-van Kouil, Flora Balieva, Jacek C Szepietowski, Adam Reich, Bárbara Roque Ferreira, Servando Eugenio Marron, Tamara Gracia-Cazaña, Ake Svensson, İlknur K Altunay, Andrew R Thompson, Andrey Lvov*

**18:30-19:30**

**Opening Ceremony**



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MAY 29 2025, THURSDAY

**08:30-09:40**

## Inflammation in Psychodermatology

**HALL 1**

Chair: İlknur Altunay, Eva Peters

08:30-08:45

Stress and the skin:  
Psychoneuroimmune interactions

Hale Yapıcı Eser

08:45-09:00

Brain-gut-skin axis: The role of microbiota

Metin Başaranoğlu

09:00-09:15

Molecular basis of inflammation as a cause of chronic skin disease-associated depression and stress: Is prevention or treatment possible?

Nesrin Erçelen

09:15-09:30

Anti-inflammatory interventions in emotional stress

Dimitre Dimitrov, Enas Attia

09:30-09:40

Q&A

**08:00-09:40**

## ORAL PRESENTATIONS 3

**HALL 2**

Chair: Tevfika İkiz, Kemal Özyurt

**OP-18**

The Prevalence Of Personality Disorders In A Psychodermatology Clinic

08:00-08:10

Elena Takyar, Anthony Paul Bewley, Padma Mohandas, Thomas Elliot, Iyas Assalman, Alia Ahmed, Ruth Elizabeth Taylor

**OP-19**

Stigmatizing the Stigma: An Analysis of Non-Person-Centered Language in Studies Addressing Psoriasis-Related Stigma

08:10-08:20

Elif Afacan Yıldırım

**OP-20**

08:20-08:30

Public Perception of JAK Inhibitor Use in Dermatology: An Analysis of United Kingdom Social Media Conversations

Ella Guest, Emmanuel Toni, Bernard Ho, Yousaf Aftab, Benoit Raymond, Gulraj Matharu, Amer Karim

**OP-21**

08:30-08:40

Congenital Melanocytic Naevus (CMN) Through the Lens: Exploring Successful Adjustment in Young People with a Rare Birthmark Condition

Ella Guest, Heidi Williamson, Diana Harcourt

**OP-22**

08:40-08:50

The use of Systemic Corticosteroids and Immunosuppressants in Atopic Dermatitis: A Social Media Listening Analysis of Patient Discussions

Emmanuel Toni, Ella Guest, Bernard Ho, Yousaf Aftab, Benoit Raymond, Gulraj Matharu, Amer Karim

**OP-23**

08:50-09:00

Perceptions Of Psoriasis In The General UK Population – An Exploratory, Descriptive, Cross-Sectional, Mixed Methods Study

Emmanuel Toni, Ella Guest, Diana Harcourt, Amy Slater



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**OP-24**

09:00-09:10

The knowledge, awareness, and practice patterns of dermatologists and psychiatrists toward psychodermatology/dermatopsychology treatment: results of a survey study

*Erişcan Melih Kırsoy, Mustafa Tümtürk*

**OP-25**

09:10-09:20

Skin Deep Struggles: Evaluating the Quality of Life in Facial Hyperpigmentation disorders

*Fatima Zahra Hammoud, Hanane Darghal, Najoua Ammar, Syrine Hamada, Nadia Ismaili, Laila Benzekri, Mariame Meziane*

**OP-26**

09:20-09:30

State of Psycho dermatology in Tunisia: Assessment and Future Perspectives

*Ihsen Zaouali, Hana Mhalla, Dalila Bouslimi, Imene Dorbani*

**OP-27**

09:30-09:40

An Outline of Stress Management Techniques for Dermatology Patients

*Hanish Babu*

**09:40-10:00**

**Coffee Break** ☕

**10:00-11:10**

**Itch**

**HALL 1**

*Chair: John de Korte, Joerg Kupfer*

10:00-10:15

Neuroimmune pathways and mediators in psychological itch

*Louise Lönn dah*

10:15-10:30

Effects of psychological interventions in the treatment of chronic itch

*Klaus Michael Taube*

10:30-10:45

Skin picking disorder.  
Diagnostic and clinical characteristics

*İlayda Gülsunay*

10:45-11:00

Psychological aspects of prurigo nodularis

*Vesna Karanikolic*

11:00-11:10

Q&A

**10:00-11:50**

**ORAL PRESENTATIONS 4**

**HALL 2**

*Chair: Melek Aslan Kayiran, Eva Peters*

**OP-28**

10:00-10:10

Orthorexia Nervosa Among Psoriasis Patients: A Trend-Chasing Psychological Comorbidity

*Hazel Ezgi Kaya*

**OP-29**

10:10-10:20

The Significance of Psychological Stress Factors in Patients Suffering from Telogen Effluvium

*Dilara Tuzcu, Sıla Serin, Birgül Özkesici Kurt, Pınar Özdemir Çetinkaya, Efruz Pirdoğan Aydın, İlknur Kıvanç Altunay*



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## OP-30

10:20-10:30

Psychosocial impact of pediatric alopecia areata on patients and their families:  
A multicenter analysis

*Melek Aslan Kayıran, İlknur Kivanç Altunay, Hümeyra Özger Abdullahoğlu, Betül Taş, Ayşegül Yalçınkaya İyidal, Arzu Ferhatosmanoğlu, Gözde Ulutaş Demirbaş, Hatice Kaya Özden, Mübəccel Alkurt Demirci, Elif Afacan Yıldırım, Fatma Etgü, Esra Ağaoğlu, Emel Erdal Çalıkoğlu, Neşe Göçer Gürok, Pınar Özdemir Çetinkaya, Semih Arslan, Nermin Karaosmanoğlu, Berkay Dirliktutan, İlayda Esna Gülsünay*

## OP-31

10:30-10:40

Holistic Investigation of Skin Picking Disorder and Major Depression with Art Psychotherapy: A Case Report

*Rabia Karanfil, Fatma Tezcan Karadeniz, Irmak Polat, Nurhan Eren*

## OP-32

10:40-10:50

The psychosocial burden of primary scarring alopecia  
*Iuliia Romanova, Aida Gadzhigoroeva*

## OP-33

The diagnostic dilemma in psychodermatology: Trichotillomania or Dorian Gray syndrome?

*Iuliia Yuryevna Romanova, Aida Guseikhanovna Gadzhigoroeva, Dmitry Vladimirovich Romanov*

## OP-34

11:00-11:10

Do psoriasis patients and healthy-skin controls differ in their desire to socially distance from persons with visible psoriasis?

*Johanna Munz, Rodrigo Valdes Rodriguez, Marcel Schepko, Jörg Kupfer, Christina Schut*

## OP-35

11:10-11:20

Effectiveness of the {HautKompass} Online Programme in Reducing Self-Stigma in People with Chronic Skin Diseases - A randomized controlled trial

*Juliane Traxler, Caroline F. Z. Stuhlmann, Neuza da Silva Burger, Christian Stierle, Vahid Djamei, Anna Darzina, Marie Rudnik, Rachel Sommer*

## OP-36

11:20-11:30

Therapeutic Effects of Topical Tramadol liposomal gel (TrLG) and Tramadol hydrochloride solution (TrHC) on Symptoms of Chronic Pruritus: BALB/c Mice Preclinic Model

*KardeLEN Iflazoglu Altın, Ercan Çalışkan, Ahmet Tugrul Su, Gulcin Simsek, Ozgur Eşim, Okan Ali Aksoy, Berk Alp Goksel*

## OP-37

11:30-11:40

Mindfulness Meditation in Treatment of Dermatological Diseases  
*Kemal Özyurt*

## OP-38

11:40-11:50

Investigation of Depression, Anxiety, Posttraumatic Stress Disorder, Suicidal Ideation, and Skindex-16 in Pemphigus and Pemphigoid Patients

*Malik Güngör, Ali Erdoğan, Soner Uzun*

MAY 29 2025, THURSDAY



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MAY 29 2025, THURSDAY

11:00-12:00	<b>Art Therapy-Interactive Workshop1</b> <i>(Limited for 20 Participants)</i> Art psychotherapy and rehabilitation programme	<b>HALL 3</b>  <i>Nurhan Eren</i>
11:15-12:05	<b>What's new in the Psychodermatology Literature</b> <i>Chair : Meltem Önder</i>	<b>HALL 1</b>  <i>Erdem Değirmenci Elif Afacan Yıldırım</i>
12:05-13:00	<b>Lunch Symposium</b>	<b>HALL 1</b>
13:00-13:15	<b>Coffee Break</b> ☕	
13:15-13:45	<b>The Herman Musaph Award Ceremony</b> <i>Chair: John de Korte</i>	<b>HALL 1</b>
13:45-14:55	<b>Chronic skin diseases and Psychodermatology</b> <b>(Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections)</b> <i>Chair: Gregor Jemec, Marcus Schmitt Egenolf</i>	<b>HALL 1</b>
13:45-14:00	Mental health in atopic dermatitis	<i>Ayşe Akman</i>
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	<i>Eva Peters</i>
14:15-14:30	Clinical symptoms,disease severity and psychosocial impact in hidradenitis suppurativa	<i>Gregor Jemec</i>
14:30-14:45	How do genital warts affect psychosocial wellbeing?	<i>Ayberk Aktaran</i>
14:45-14:55	Q&A	
<b>13:50-15:00</b>	<b>ORAL PRESENTATIONS 5</b> <i>Chair: Behçet Coşar, Asude Kara Polat</i>	<b>HALL 2</b>
<b>OP-39</b>	Impact of atopic eczema on life choices and destiny: a global study <i>Jonathan I. Silverberg, Roni Dodiuk Gad, Roberto Takaoka, Jerry Tan, Chapying Gu, Thomas Luger, Bruno Halioua, Flavia Pretti Aslanian, Cita Rosita Prakoeswa, Ludivine Canchy, Caroline Le Floc'h, Nabil Kerrouche, Delphine Kerob, Charles Taieb, Charbel Skayem, Therdpong Tempark, Abraham Getachew, Alexander Stratigos, Martin Steinhoff, Julien Seneschal, Laurent Misery</i>	
13:50-14:00		



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MAY 29 2025, THURSDAY

## OP-40

14:00-14:10

Differential impact of atopic eczema by age of onset: findings from the “Scars of Life” project.

*Jonathan I. Silverberg, Roni Dodiuk Gad, Roberto Takaoka, Jerry Tan, Chaoying Gu, Thomas Luger, Bruno Halioua, Flavia Pretti Aslanian, Cita Rosita Sigit Prakoeswa, Ludivine Canchy, Caroline Le Floc'h, Nabil Kerrouche, Delphine Kerob, Charles Taieb, Charbel Skayem, Therdpong Tempark, Abraham Getachew, Alexander Stratigos, Martin Steinhoff, Julien Seneschal, Laurent Misery*

## OP-41

14:10-14:20

Measuring the influence of skin diseases on personal decisions: creation and validation of the scars of life questionnaire

*Khaled Ezzedine, Delphine Kerob, Ludivine Canchy, Caroline Le Floc'h, Claire Della Vedova, Emmanuel Chamorey, Charbel Skayem, Charles Taieb, Jonathan Silverberg*

## OP-42

14:20-14:30

Mental health of individuals with vitiligo in Germany – Analysis of a nationwide health insurance database and internal diagnostic validation

*Theresa Klinger, Matthias Augustin, Steffen Moritz, Gregor Leicht, Kristina Hagenström*

## OP-43

14:30-14:40

Psychodermatological approach for successful treatment of acne: A model of integrated approach with laser treatment and habit reversal therapy

*Julian Zlatkov Penev, Milla Petkova Balabanova*

## OP-44

14:40-14:50

Permanent Skin Changes After Pregnancy and Breastfeeding Effects of Body Image on Quality of Life

*Nurhan Döner Aktaş, Gamze Durmazoğlu*

## OP-45

14:50-15:00

Qualitative interviews with parents of children with Epidermolysis Bullosa (EB), and healthcare professionals: development of a self-help toolkit

*Olivia Hughes, Faith Martin, Andrew R. Thompson*

13:50 15:00

## POSTER PRESENTATION - 1

*Chair: Aslı Aksu, Hilal Kaya Erdogan*

## EVAULATION KIOSK

## PP-01

13:50-13:57

Beyond Skin Deep: A Decade of Patient Voices Through

Novel Patient-Reported Outcomes in Dermatology

*Ewelina Wajs, Ismail Kasujee, Volker Koscielny, Arnau Domenech*

## PP-02

13:57-14:04

Are we ready to use the WHO-5 questionnaire in Dermatology?

*Arnau Domenech, Ismail Kasujee, Volker Koscielny, Christopher Em Griffiths*

## PP-03

14:04-14:11

A rare psychodermatology case: The co-occurrence of trichotillomania and trichodynbia

*Damla Erbil, Behcet Cosar*



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## PP-04

14:11-14:18

Itch in acne is not related to psychological characteristics but to clinical parameters:  
Results of cross-sectional study in 17 European countries

*Dmitry V Romanov, Anna V Michenko, Andrey M Sheyanov, Christina Schut, Joerg Kupfer, Florence J Dalgard, Anthony Bewley, Andrea W M Evers, Uwe Gieler, Lars Lien, Francesca Sampogna, Sonja Ständer, Lucía Tomás Aragonés, Nienke Vulink, Andrew Y Finlay, Franz Legat, Geraldine Titeca, Gregor Jemec, Laurent Misery, Csanad Szab, Vesna Grivcheva-Panovska, Saskia Spillekom-van Koulik, Flora Balieva, Jacek Szepietowski, Adam Reich, Barbara Roque Ferreira, Servando E Marron, Tamara Gracia-Cazaa, Ake Svensson, Ilknur K Altunay, Andrew R Thompson, Andrey Lvov*

## PP-05

14:18-14:25

Analysis Of Itch Prevalence And Its Characteristics Among Acne Patients  
*Elizaveta E. Sidorenko, Olga A. Sidorenko, Andrey N. Lvov*

## PP-06

14:25-14:32

Development and validation of the Dermatology Social Comparison (DSC) Scale  
*Ellie Choi, Nisha Chandran, Ruochen Du, Yik Weng Yew, Valencia Long, Hazel Oon, Phillip Phan, Jose Valderas*

## PP-07

14:25-14:32

The Relationship Between Itch Area and Severity and Anxiety and Depression Levels in Patients with Psychogenic Pruritus

*Fatma Yaprak, Doa Yntem, Muhammed Kaan Temirkaynak, Selcuk Aslan, Esra Adisen*

## PP-08

14:39-14:46

Misconception and False Ideation of Public Toward Dermatology Diseases,  
a Narrative Review  
*Hamad Alfahaad*

## PP-09

14:46-14:53

Turkish Adaptation of the Psychosomatic Symptom Scale (PSSS):  
Preliminary Findings on Validity and Reliability

*Ihsan Yelli, Selin Ozcelep, Muhammed Hakan Aksu, Buket Koparal, Irem Ekmekci Ertek, Behcet Cosar*

## PP-10

14:53-15:00

Psychodermatology in Latvia: A missing link in dermatological care  
*Ilona Krone, Christian Stierle*

14:55-15:10

Coffee Break ☕



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**15:10-16:20**

## Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo)

HALL 1

Chair: Andrey Lvov, Jacek Szepietowski

15:10-15:25

Depression and anxiety in adolescent and postadolescent acne: Cause and effect?

Ayşe Serap Karadağ

15:25-15:40

Stress and hair loss

Maria Angeliki Gkini

15:40-15:55

Quality of life in pyoderma gangrenosum: An underestimated issue

Melek Aslan Kayıran

15:55-16:10

Psychological distress and vitiligo: Insights from surveys and interview based studies

Andrew Thompson

16:10-16:20

Q&A

**15:10-16:40**

## ORAL PRESENTATIONS 6

HALL 2

Chair: Andrey Lvov, Belma Tursen

**OP-46**

Choice of antipsychotics in delusional infestation

15:10-15:20

*Peter Lepping, Paul K Tang, Sophie Gertrud Lepping, Eric O Noorthoorn, Stephen Bertel Squire, Mohandas Padma, Bewley Anthony*

**OP-47**

Outcomes for Delusional Infestation in Multidisciplinary Clinics

15:20-15:30

*Peter Lepping, Eric O Noorthoorn, Sophie Gertrud Lepping, Paul K Tang, Stephen Bertel Squire, Bewley Anthony*

**OP-48**

When PASI is not enough: psychological impairments despite improvements in skin

15:30-15:40

*Rachel Sommer, Ulrich Mrowietz, Sascha Gerdes, Ziad Reguiai, Wolfgang Weger, Esteban Daudén, Julia Tatjana Maul, Pierre Dominique Ghislain, Philip Laws, Luigi Naldi, Elke De Jong, Sicily Mburu, Volker Koscielny, Eric Massana, Arnau Domenech, Kristian Gaarn Du Jardin, Ismail Kasuje, Matthias Augustin*

**OP-49**

Psycholag in Moderate-to-Severe Psoriasis: Insights from the POSITIVE Study on Psychological Well-being and Treatment with Tildrakizumab

15:40-15:50

*Rachel Sommer, Matthias Augustin, Sascha Gerdes, Ziad Reguiai, Wolfgang Weger, Esteban Daudén, Julia Tatjana Maul, Pierre Dominique Ghislain, Philip Laws, Luigi Naldi, Elke De Jong, Sicily Mburu, Volker Koscielny, Eric Massana, Arnau Domenech, Kristian Gaarn Du Jardin, Ismail Kasuje, Ulrich Mrowietz*

**OP-50**

Atypical Autonomous Self Mutilating Disorder in Psychodermatology

15:50-16:00

*Raunak Modak, Anthony Bewley, Padma Mohandas, Alia Ahmed, Ilyas Assalman, Ruth Taylor*



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**OP-51**

16:00-16:10

The Use Of Habit Reversal Therapy In Trichotillomania

*Saerrah Murryam, Linda McMahon, Satwinderjit Shinhmar, Archana Rao*

**OP-52**

16:10-16:20

The Relationship Between Acne Vulgaris, Eating Disorders, and Difficulties in Emotion Regulation: A Survey Study

*Çağdaş Boyvadoğlu, Çağla Boyvadoğlu*

**OP-53**

16:20-16:30

The psychodermatological problems faced by transgenders in the process of gender affirmation

*Selcan Sönmezler, Leyla Küçük, Şenol Turan*

**OP-54**

16:30-16:40

The association between acne vulgaris and social anxiety mediating by anxiety sensitivity

*Sezin Unlu Acikel, Göknur Kalkan, Ali Caykoylu, Akın Aktaş*

**15:10-16:27**

**POSTER PRESENTATION - 2**

**EVAULATION KIOSK**

*Chair: Vesna Karankolić, Dimitre Dimitrov*

**PP-11**

15:10-15:17

The Relationship Between Acne Severity and Cyberchondria: A Cross-Sectional Study

*Mehmet Gülgül, Irem Ekmekçi Ertek, Muhammed Hakan Aksu, Esra Adışen, Nilsel İlter, Behcet Coşar*

**PP-12**

15:17-15:24

Can We Stay Resilient When Our Skin Suffers? A Cross-Sectional Study On Factors Affecting Resilience İn Patients With Hidradenitis Suppurativa

*Aycan Kayalar, Mehmet Gülgül, Irem Ekmekçi Ertek, Muhammed Hakan Aksu, Behcet Coşar, Esra Adışen*

**PP-13**

15:24-15:31

Psychiatric Evaluation for Patients, Before and During Apremilast Treatment

*Merve Ocağışen, Irmak Polat*

**PP-14**

15:31-15:38

Development and Feasibility Testing of "MindMySkin": a Psychodermatological intervention to reduce symptom burden of dermatology patients

*Janet Dua, Valencia Long, Jiayi Chow, Pei Ming Yeo, Jiayan Ding, Nisha Suyien Chandran, Qasrina Lim, Wilson Sim, Wan Ing Chong, Oliver Suendermann, Deborah Choi, Phillip Phan, Kean Hsu, Ellie Choi*

**PP-15**

15:38-15:45

Well-being In German Patients With Vitiligo In Sexually-Sensitive And Visible Body Areas

*Janne Ohlenbusch, Rachel Sommer, Kerstin Steinbrink, Markus Böhm*

**PP-16**

The Impact of Seborrheic Dermatitis on Quality of Life: A Systematic Review of Disease Burden, Treatment Outcomes, and Environmental Factors

*Klara Cvenkel*



# 21st Congress of the European Society for Dermatology and Psychiatry

# 1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 29 2025, THURSDAY

## PP-17

15:52-15:59

The association between atopic dermatitis and ADHD subtypes

*Morgan Ye, Andrea Gelabert-Mora, Nathalia Hoffman Guarda, Samir Salah, Delphine Kerob, Ludivine Canchy and Katrina Abuabara*

## PP-18

15:59-16:06

Developing a self-help toolkit for supporting wellbeing in parents of children with Epidermolysis Bullosa (EB)

*Olivia Hughes, Faith Martin, Andrew Thompson*

## PP-19

16:06-16:13

The Psychological Factors Affecting Fabric Selection on Atopic Eczema compared to Healthy Skin

*Prasanna Karunaratne Liyanage Abeywardenalage, Amila Bandara Wickramanayake*

## PP-20

16:13-16:20

The Use of Habit Reversal Therapy for Lip Licker's Dermatitis

*Saerrah Murryam, Linda McMahon, Satwinderjit Shinhmar, Archana Rao*

## PP-21

16:20-16:27

Refractory rosacea and the use of the bio-psycho-social model

*Sandra Johansson*

## 16:20-17:30

### Geriatric Psychodermatology

HALL 1

*Chair: Adam Reich, Dmitry Romanov*

16:20-16:35

Geriatric itch: Senile or psychogenic itch?

*Adam Reich*

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

*Gül Şekerlisoy*

16:50-17:05

Stress in autoimmune bullous disorders

*Mary Tomayko*

17:05-17:20

Care for geriatric psychodermatology patient

*Irmak Polat*

17:20-17:30

Q-A

## 16:40-18:10

### ORAL PRESENTATIONS 7

HALL 2

*Chair: Nienke Vulink, Emel Erdal Çalikoğlu*

## OP-55

16:40-16:50

Navigating the Intersection Between Dermatology and Psychiatry:  
A Case Of Pathological Skin Picking With Personality Disorder

*Shree Kapoor*

## OP-56

16:50-17:00

Dermatology and Phenomenology: how lived experiences of dermatological conditions should shape our practice

*Sophie Wenging Ma*

## OP-57

17:00-17:10

The role of psych dermatology in patients undergoing treatment for autoimmune bullous dermatoses: a neglected domain

*Stuttee Mehra*



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28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 29 2025, THURSDAY

**OP-58**

17:10-17:20

Hidradenitis suppurativa: addressing the hidden psychological burden beyond skin lesions  
*Stuttee Mehra*

**OP-59**

17:20-17:30

The role of neuroinflammation in chronic dermatological disorders:  
A psychodermatological perspective  
*Stuttee Mehra*

**OP-60**

17:30-17:40

Trichotillomania and psychogenic hair loss: A review of integrated treatment strategies  
*Stuttee Mehra*

**OP-61**

17:40-17:50

Quality and Engagement Analysis of Turkish-Language YouTube Videos on Trichotillomania  
*Buğra Burç Dağtaş, Yasemin Bolat Eren, Ipek Şakir, Ayse Esra Koku Aksu*

**OP-62**

17:50-18:00

Bridging the Gap in Alopecia areata (Aa) Care: A Delphi Survey and Expert Insights on Psychosocial Consequences  
*Yousaf Aftab, Benoit Raymond, Gulraj Matharu, Amer Karim*

**OP-63**

18:00-18:10

Shugan Yangxue Jiedu Decoction inhibited the inflammatory reaction induced by the over-activation of the gut-brain-skin axis and ameliorated the psoriasis-like lesions induced by Imiquimod in rats  
*Zixuan Wang, Guangzhong Zhang*

**17:30-18:30**

**Panel discussion**

Literature, cinema and psychodermatology  
Psychoanalytic debates on literature and cinema

**HALL 1**

Tevfika İkiz  
Hülya E. Taşdemir



# 21st Congress of the European Society for Dermatology and Psychiatry

# 1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, İstanbul - Türkiye

MAY 30 2025, FRIDAY

08:30-09:40	<b>Pediatric Psychodermatology</b> <i>Chair: Sibel Mercan, Peter Lepping</i>	
08:30-08:45	Mother-infant relationship and eczema	<i>Sibel Mercan</i>
08:45-09:00	Childhood trauma in psoriasis	<i>Asja Prohic</i>
09:00-09:15	Skin picking and traumatic experiences (Case series)	<i>Elif Yavuz Sever</i>
09:15-09:30	Trichotillomania, onychotillomania and childhood trauma (Case series)	<i>Kübra Koç</i>
09:30-09:40	Q&A	
09:00-10:00	<b>World Psychodermatology Association Committee Meeting</b>	
09:40-10:00	<b>Coffee Break</b> ☕	
10:00-11:00	<b>Satellite Symposium</b>	<b>HALL 1</b>
11:00-12:00	<b>Art Therapy-Interactive Workshop 2</b> <i>(Limited for 20 Participants)</i> Art psychotherapy and rehabilitation programme	<b>HALL 3</b>  <i>Nurhan Eren</i>
11:00-12:10	<b>Special Topics:Sleep, Suicide, Sexual Disorders</b> <i>Chair: Ümit Tursen, Marta Garcia Bustinduy</i>	<b>HALL 1</b>
11:00-11:15	Neurobiology of sleep	<i>Ümit Tursen</i>
11:15-11:30	Sleep disorders in chronic skin disorders	<i>Marta Garcia Bustinduy</i>
11:30-11:45	Recognising suicidal risk in psychodermatology patients	<i>Alia Ahmed</i>
11:45-12:00	Sexual dysfunction and skin disorders	<i>Francesca Sampogna</i>
12:00-12:10	Q&A	
12:10-13:10	<b>Lunchtime Symposium</b>	<b>HALL 1</b>
13:10-13:40	<b>Coffee Talks</b> The importance of considering QoL in chronic skin disorders	<i>John de Korte</i>
13:40-14:50	<b>Difficult Diseases To Treat</b> <i>Chair: Francisco Tausk, İrem Ekmekçi Ertek</i>	<b>HALL 1</b>



# 21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

13:40-13:55	Why is it difficult to treat delusional parasitosis? Approach and management	Francisco Tausk
13:55-14:10	Points to consider in psychopharmacologic treatment of DI	Peter Lepping
14:10-14:25	Skin cancer and tanorexia: Dilemma between beauty and disease	Belma Tursen
14:25-14:40	OCD related cutaneous diseases: Psychodermatological approach	İrem Ekmekçi Ertek
14:40-14:50	Q&A	
<b>14:50-15:10</b>	<b>Coffee Break</b> ☕	
<b>15:10-16:20</b>	<b>Environmental and Social Factors in Psychodermatology</b>	<b>HALL 1</b>
	<i>Chair: Jacek Szepietowski, Florence Dalgard</i>	
15:10-15:25	How do cosmetological interventions and psychology influence each other?	Ezgi Özkar
15:25-15:40	Impact of social media on psychodermatology: Pros and cons	Asude Kara Polat
15:40-15:55	The significance of family therapy in psoriasis	Francoise Poot
15:55-16:10	Chronic hand eczema and psyche	Jacek Szepietowski
16:10-16:20	Q&A	
<b>16:20-17:30</b>	<b>New Approaches, New Therapies In Psychodermatology</b>	<b>HALL 1</b>
	<i>Chair: Oğuz Karamustafalioğlu, Emel Çalıkoğlu</i>	
16:20-16:35	Are mind-body interventions myth or reality?	Irmak Polat
16:35-16:50	Technology and psychosomatic medicine: Virtual reality in psychodermatology	Simon M. Mueller
16:50-17:05	Repetitive transcranial magnetic stimulation in skin picking	Oğuz Karamustafalioğlu
17:05-17:20	Telemedicine and psychodermatology	Emel Çalıkoğlu
17:20-17:30	Q&A	
<b>17:40 - 18:40</b>	<b>GENERAL ASSEMBLY</b>	<b>HALL 1</b>

## WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

08:20-08:30	Welcome address - Prof. Mohammad Jafferany	HALL 2
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# 21st Congress of the European Society for Dermatology and Psychiatry

# 1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

08:30-09:40	<b>Psychodermato-oncology</b> <i>Chair: Francisco Tausk, Mohammad Jafferany</i>	<b>HALL 1</b>
08:30-08:45	Is there any link between psychological stress and skin cancer?	Mine Özkan
08:45-09:00	Psychological symptoms and QoL in mycosis fungoides	Sylvia van Beugen
09:00-09:15	QoL in nonmelanoma skin cancers	Francesca Sampogna
09:15-09:30	Psychological support in skin cancer	Eva Peters
09:30-09:40	Q&A	
<b>09:40-10:00</b>	<b>Coffee Break</b> ☕	
10:00-11:00	<b>The Landscape of Psychodermatology: From the Antiquity to Artificial Intelligence</b> <i>Chair: İlknur K. Altunay, Mohammad Jafferany</i>	<b>HALL 1</b> Anthony Bewley
11:00-12:00	<b>ESDAP Diploma Ceremony</b>	<b>HALL 1</b>
12:00-13:30	<b>A Grand Finale: Scientific Awards and Closing Celebration</b>	<b>HALL 1</b>

MAY 31 2025, SATURDAY



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

# 1<sup>st</sup> World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

Co-President 1<sup>st</sup> World Psychodermatology Congress

**08:30-09:50**

## Session A

Chair: Abineetha Hosthota, Dimitre Dimitrov

**HALL 2**

08:30-08:42

United we heal: Integrating dermatology and psychiatry for optimal patient outcomes

Abineetha Hosthota  
Swapna Bondade

08:42-08:54

AI in psychodermatology

Pankhuri Dudani

08:54-09:06

Tackling the shame and social anxiety skin disease

Christian Steirle

09:06-09:18

Stigma in skin disease: An overlooked phenomenon

Dimitre Dimitrov

09:18-09:30

Psychdermoscopy: A dermoscopic mirror to the patient's psyche

M. Hassan Abdelkarim

09:30-09:42

Psychosocial impact of neglected tropical skin diseases

Niraj Parajuli

09:42-09:50

Q&A

**09:50-10:00**

## Coffee Break



**10:00-11:50**

## Session B

Chair: Aliza Hashim, Maria Angeliki Gkini

**HALL 2**

10:00-10:12

Psychodermatology of psoriasis

Maria Angeliki Gkini

10:12-10:24

Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome

Medhat Elsabbahy

10:24-10:36

An outline of stress management techniques for dermatology patients

Hanish Babu

10:36-10:48

Chronic pruritic disorders with psychocutaneous conundrum

Ayberk Aktaran

10:48-11:00

Body dysmorphic disorder

Aliza Hashim

11:00-11:12

Psychodermatological management of prurigo

Abdul Latheef

11:12-11:24

Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective

Asia Penot Alameri

11:24-11:36

Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects

Naveen Manohar

11:36-11:50

Q&A

**11:50-13:20**

## Lunch

**13:20-14:45**

## Session C

**HALL 2**



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

# 1<sup>st</sup> World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

*Chair: Abdul Latheef, Estela Malatesta*

13:20-13:32	Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional psychodermatology and psychotherapy	Pradnya Manwatkar
13:32-13:44	Mental health aspects of vitiligo	Siham Dikhaye
13:44-13:56	Psychiatric effects of medications in dermatological practice	Estela Malatesta
13:56-14:08	Factitious disorder: A challenge in management	Abdul Latheef
14:08-14:20	The role of psychologists in psychodermatology	Tanya Tanev
14:20-14:32	Psychological impact of bullous skin disease	Wei Li
14:32-14:45	Q&A	
<b>14:45-15:00</b>	<b>Coffee Break</b> ☕	

**15:00-17:10**

**Session D**

*Chair: Mohammad Jafferany, Haiping Zhang*

**HALL 2**



# 21st Congress of the European Society for Dermatology and Psychiatry

# 1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

15:00-15:12	Body focused repetitive behaviors, basic psychodermatology	Ishan Pandya
15:12-15:24	Situation and solution: Psychodermatology in China	Haiping Zhang
15:24-15:36	Does psychointervention impact the therapeutic outcome in chronic skin diseases	Kaushal Verma
15:36-15:48	An update on psychogenic and neuropathic aspects of burning mouth syndrome	Tanya Tanev
15:48-16:00	Understanding psychological impact of acne: Beyond the surface	Karina Malvido
16:00-16:12	Acupuncture in the treatment of chronic psychocutaneous disease	Siqing Wang
16:12-16:24	Hypnotherapy in dermatology	Nirja Sheth
16:24-16:36	Brain and skin: Parallel trajectories and shared destinies?	Antonio C. Sison
16:36-16:48	Dermatopsychiatric impact of beauty products: A comprehensive and constructive analysis	Koushik Lahiri
16:48-17:00	Psychosocial impact of hidradenitis suppurativa and an integrative somatic approach to therapy	Keira Barr
17:00-17:10	Q&A	



# 21st Congress of the European Society for Dermatology and Psychiatry

# 1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

08:30-10:15

## Psychotrichology Session

Chair: Roxanna Sadoughifar, Monika Fida

HALL 2

08:30-08:42

The role of trichoscopy in the diagnosis and follow up of trichotillomania

Monika Fida

08:42-08:54

Trichotillomania: Therapeutic aspects

Anna Evlanova

08:54-09:06

How to manage trichotillomania in multidiscipline treatment approach

Wei Shi

09:06-09:18

The role of psychological factors in the development, evolution, and therapy of alopecia areata

Mahmudur Rahman

09:18-09:30

The invisible impact of alopecia areata

Roxanna Sadoughifar

09:30-09:42

Hirsutism associated with PCOS and its impact on mental health

Shashank Bhargava

09:42-09:54

Quality of life in hair disorders with particular focus on lichen plano pilaris

Shubh Mohan Singh

09:54-10:06

Trichotillomania: searching an unnoticed pathology

Carmen Rodriguez Cerdeira

10:06-10:15

Q&A

MAY 31 2025, SATURDAY