



**21st Congress of the
European Society for
Dermatology and Psychiatry**

28-31 MAY 2025

**1st World
Psychodermatology
Congress**



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PROGRAMME




21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 28 2025, WEDNESDAY

14:00-15:10	Masterclass 1- Patient-Doctor relationship: Tips for for a clinician	HALL 1
	<i>Chair: Francoise Poot, Uwe Gieler</i>	
14:00-14:15	How can a dermatologist evaluate psychological problems and needs of a psychodermatology patient	<i>Francoise Poot</i>
14:15-14:30	Working with psychodermatology patients as a psychoanalytic psychosomatician	<i>Tevfika İkiz</i>
14:30-14:45	Shared decision making for patient-centered care in dermatology	<i>Nesrin Dilbaz</i>
14:45-15:00	Case study	<i>Tanyo Tanev</i>
15:00-15:10	Q&A	
15:10-16:40	Masterclass 2- Psychotherapies in Psychodermatology	HALL 1
	<i>Chair: Florence Dalgard, Nienke Vulink</i>	
15:10-15:30	Cognitive behavioural therapy	<i>Nienke Vulink</i>
15:30-15:50	Group psychotherapy	<i>Uwe Gieler</i>
15:50-16:10	Art psychotherapy	<i>Bihter Yasemin Adalı</i>
16:10-16:30	Psychoanalytic psychotherapy and psychoanalysis	<i>Aslı Kuruoğlu</i>
16:30-16:40	Q&A	
16:40-16:55	Coffee Break 	
16:55-18:30	Masterclass 3- Psychopharmacology	HALL 1
	<i>Chair: Nesrin Dilbaz, Behçet Coşar</i>	
16:55-17:15	The basis of pharmacological treatment in psychodermatology	<i>Dimitre Dimitrov</i>
17:15-17:35	Which disease, which drug? Are there any unmet needs?	<i>Behçet Coşar</i>
17:35-17:55	Novel drugs in psychopharmacology	<i>Dmitry Romanov</i>
17:55-18:15	Dermatological side effects of psychotherapeutic drugs	<i>Hilal Kaya Erdoğan</i>
18:15-18:30	Q&A	
18:30-19:30	Opening Ceremony	



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08:30-09:40

Inflammation in Psychodermatology

HALL 1

Chair: *İlknur Altunay, Eva Peters*

08:30-08:45

Stress and the skin:
Psychoneuroimmune interactions

Hale Yapıcı Eser

08:45-09:00

Brain-gut-skin axis: The role of microbiota

Metin Başaranoğlu

09:00-09:15

Molecular basis of inflammation as a cause of chronic skin disease-associated depression and stress: Is prevention or treatment possible?

Nesrin Erçelen

09:15-09:30

Anti-inflammatory interventions in emotional stress

Dimitre Dimitrov

09:30-09:40

Q&A

09:40-10:00

Coffee Break 

10:00-11:10

Itch

HALL 1

Chair: *John de Korte, Jörg Kupfer*

10:00-10:15

Neuroimmune pathways and mediators in psychological itch

Louise Lönndahl

10:15-10:30

Effects of psychological interventions in the treatment of chronic itch

Klaus Michael Taube

10:30-10:45

Skin picking disorder.
Diagnostic and clinical characteristics

İlayda Gülsunay

10:45-11:00

Psychological aspects of prurigo nodularis

Vesna Karanikolic

11:00-11:10

Q&A

11:00-12:00

Art Therapy-Interactive Workshop1

HALL 3

(Limited for 20 Participants)

Art psychotherapy and rehabilitation programme

Nurhan Eren

11:15-12:05

What's new in the Psychodermatology Literature

HALL 1

Chair : *Meltem Önder*

*Erdem Değirmenci
Elif Afacan Yıldırım*

12:05-13:00

Sponsored Lunch Symposium Lilly

HALL 1

Psoriasis and quality of life - Ixekizumab / Lilly

Chair : *İlknur Altunay*

Matthias Augustin

MAY 29 2025, THURSDAY





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MAY 29 2025, THURSDAY

13:00-13:15	Coffee Break 	
13:15-13:45	Herman-Musaph Awards	HALL 1
13:45-14:55	Chronic skin diseases and Psychodermatology (Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections) Chair: Gregor Jemec, Marcus Schimitt Egenolf	HALL 1
13:45-14:00	Mental health in atopic dermatitis	Ayşe Akman
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	Christina Schut
14:15-14:30	Clinical symptoms, disease severity and psychosocial impact in hidradenitis suppurativa	Gregor Jemec
14:30-14:45	How do genital warts affect psychosocial wellbeing?	Ayberk Aktaran
14:45-14:55	Q&A	
14:55-15:10	Coffee Break 	
15:10-16:20	Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo) Chair: Andrey Lvov, Jacek Szepietowski	HALL 1
15:10-15:25	Depression and anxiety in adolescent and postadolescent acne: Cause and effect?	Ayşe Serap Karadağ
15:25-15:40	Stress and hair loss	Maria Angeliki Gkini
15:40-15:55	Quality of life in pyoderma gangrenosum: An underestimated issue	Melek Aslan Kayıran
15:55-16:10	Psychological distress and vitiligo: Insights from surveys and interview based studies	Andrew Thompson
16:10-16:20	Q&A	



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16:20-17:30

Geriatric Psychodermatology

Chair: Adam Reich, Dmitry Romanov

16:20-16:35

Geriatric itch: Senile or psychogenic itch?

Adam Reich

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

Gül Şekerlisoy

16:50-17:05

Stress in autoimmune bullous disorders

Mary Tomayko

17:05-17:20

Care for geriatric psychodermatology patient

Irmak Polat

17:20-17:30

Q-A

17:30-18:30

Panel discussion

Literature, cinema and psychodermatology
Psychoanalytic debates on literature and cinema

HALL 1

Tevfika İkiz

Hülya E. Taşdemir

08:30-17:30

ORAL PRESENTATIONS

HALL 2

08:30 – 09:40

OP-01 / OP-07

09:40-10:00

Coffee Break ☕

10:00 – 11:50

OP-08 / OP-18

13:45 – 14:55

OP-18 / OP-25

14:55-15:10

Coffee Break ☕

15:10 – 16:20

OP-26 / OP-32

16:20 – 17:40

OP-33 / OP-40

08:30 – 17:40

POSTER PRESTATIONS

POSTER AREA

MAY 29 2025, THURSDAY



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MAY 30 2025, FRIDAY

08:30-09:40

Pediatric Psychodermatology

Chair: *Sibel Mercan, Peter Lepping*

08:30-08:45

Mother-infant relationship and eczema

Sibel Mercan

08:45-09:00

Childhood trauma in psoriasis

Asja Prohic

09:00-09:15

Skin picking and traumatic experiences (Case series)

Elif Yavuz Sever

09:15-09:30

Trichotillomania, onychotillomania and childhood trauma (Case series)

Kübra Koç

09:30-09:40

Q&A

09:00-10:00

World Psychodermatology Association Committee Meeting

09:40-10:00

Coffee Break

10:00-11:00

Satellite Symposium / Novartis

HALL 1

Chair: *Sema Aytekin*

Optimizing hidradenitis suppurativa management with secukinumab

Özge Sevil Karstarlı Bakay

11:00-12:00

Art Therapy-Interactive Workshop 2

HALL 3

(Limited for 20 Participants)

Art psychotherapy and rehabilitation programme

Nurhan Eren

11:00-12:10

Special Topics: Sleep, Suicide, Sexual Disorders

HALL 1

Chair: *Ümit Tursen, Marta Garcia Bustinduy*

11:00-11:15

Neurobiology of sleep

Ümit Tursen

11:15-11:30

Sleep disorders in chronic skin disorders

Marta Garcia Bustinduy

11:30-11:45

Recognising suicidal risk in psychodermatology patients

Alia Ahmed

11:45-12:00

Sexual dysfunction and skin disorders

Francesca Sampogna

12:00-12:10

Q&A

12:10-13:10

Lunchtime Sponsored Symposium / Abbvie

HALL 1

Chair: *İlknur K. Altunay*

Psychodermatological Approach to Atopic Dermatitis with Upadacitinib

Maria Angeliki Gkini

Psychodermatological Approach to Psoriasis with Risankizumab

Emel Bülbül Başkan

13:10-13:40

Coffee Talks

John de Korte



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13:40-14:50

Difficult Diseases To Treat

HALL 1

Chair: Francisco Tausk, İrem Ekmekçi Ertek

13:40-13:55

Why is it difficult to treat delusional parasitosis?
Approach and management

Francisco Tausk

13:55-14:10

Points to consider in psychopharmacologic treatment of DI

Peter Lepping

14:10-14:25

Skin cancer and tanorexia:
Dilemma between beauty and disease

Belma Tursen

14:25-14:40

OCD related cutaneous diseases:
Psychodermatological approach

İrem Ekmekçi Ertek

14:40-14:50

Q&A

14:50-15:10

Coffee Break

15:10-16:20

Environmental and Social Factors in Psychodermatology

HALL 1

Chair: Jacek Szepietowski, Florence Dalgard

15:10-15:25

How do cosmetological interventions
and psychology influence each other?

Ezgi Özkur

15:25-15:40

Impact of social media on
psychodermatology: Pros and cons

Asude Kara Polat

15:40-15:55

The significance of family therapy in psoriasis

Francoise Poot

15:55-16:10

Chronic hand eczema and psyche

Jacek Szepietowski

16:10-16:20

Q&A

16:20-17:30

New Approaches, New Therapies In Psychodermatology

HALL 1

Chair: Oğuz Karamustafalıoğlu, Emel Çalikoğlu

16:20-16:35

Are mind-body interventions myth or reality?

Irmak Polat

16:35-16:50

Technology and psychosomatic medicine:
Virtual reality in psychodermatology

Simon M. Mueller

16:50-17:05

Repetitive transcranial magnetic stimulation
in skin picking

Oğuz Karamustafalıoğlu

17:05-17:20

Telemedicine and psychodermatology

Emel Çalikoğlu

17:20-17:30

Q&A

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MAY 31 2025, SATURDAY

08:30-09:40	Psychodermato-oncology <i>Chair: Francisco Tausk, Mohammad Jafferany</i>	HALL 1
08:30-08:45	Is there any link between psychological stress and skin cancer?	Mine Özkan
08:45-09:00	Psychological symptoms and QoL in mycosis fungoides	Sylvia van Beugen
09:00-09:15	QoL in nonmelanoma skin cancers	Francesca Sampogna
09:15-09:30	Psychological support in skin cancer	Eva Peters
09:30-09:40	Q&A	
09:40-10:00	Coffee Break 	
10:00-11:00	The Landscape of Psychodermatology: From the Antiquity to Artificial Intelligence <i>Chair: Ilknur Altunay, Mohammad Jafferany</i>	HALL 1 Anthony Bewley
11:00-12:00	ESDAP Diploma Ceremony	HALL 1
12:00-13:30	A Grand Finale: Scientific Awards and Closing Celebration	HALL 1



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WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

08:20-08:30	Welcome address - Prof. Mohammad Jafferany Co-President 1 st World Psychodermatology Congress	HALL 2
08:30-09:50	Session A Chair: Abineetha Hosthota, Dimitre Dimitrov	HALL 2
08:30-08:42	United we heal: Integrating dermatology and psychiatry for optimal patient outcomes	Abineetha Hosthota Swapna Bondade
08:42-08:54	AI in psychodermatology	Pankhuri Dudani
08:54-09:06	Tackling the shame and social anxiety skin disease	Christian Steirle
09:06-09:18	Stigma in skin disease: An overlooked phenomenon	Dimitre Dimitrov
09:18-09:30	Psychdermoscopy: A dermoscopic mirror to the patient's psyche	M. Hassan Abdelkarim
09:30-09:42	Psychosocial impact of neglected tropical skin diseases	Niraj Parajuli
09:42-09:50	Q&A	
09:50-10:00	Coffee Break 	
10:00-11:50	Session B Chair: Aliza Hashim, Maria Angeliki Gkini	HALL 2
10:00-10:12	Psychodermatology of psoriasis	Maria Angeliki Gkini
10:12-10:24	Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome	Medhat Elsabbahy
10:24-10:36	An outline of stress management techniques for dermatology patients	Hanish Babu
10:36-10:48	Chronic pruritic disorders with psychocutaneous conundrum	Ayberk Aktaran
10:48-11:00	Body dysmorphic disorder	Aliza Hashim
11:00-11:12	Psychodermatological management of prurigo	Abdul Latheef
11:12-11:24	Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective	Aasia Penot Alameri
11:24-11:36	Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects	Naveen Manohar
11:36-11:50	Q&A	

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11:50-13:20

Lunch

13:20-14:45

Session C

HALL 2

Chair: Abdul Latheef, Estela Malatesta

13:20-13:32

Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional psychodermatology and psychotherapy

Pradnya Manwatkar

13:32-13:44

Mental health aspects of vitiligo

Siham Dikhaye

13:44-13:56

Psychiatric effects of medications in dermatological practice

Estela Malatesta

13:56-14:08

Factitious disorder: A challenge in management

Abdul Latheef

14:08-14:20

The role of psychologists in psychodermatology

Tanyo Tanev

14:20-14:32

Psychological impact of bullous skin disease

Wei Li

14:32-14:45

Q&A

14:45-15:00

Coffee Break 



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15:00-17:10

Session D

HALL 2

Chair: Mohammad Jafferany, Haiping Zhang

15:00-15:12

Body focused repetitive behaviors,
basic psychodermatology

Ishan Pandya

15:12-15:24

Situation and solution:
Psychodermatology in China

Haiping Zhang

15:24-15:36

Diagnosis and management of delusional
disorders in dermatology:
A perspective from USA

Kaushal Verma

15:36-15:48

An update on psychogenic and neuropathic
aspects of burning mouth syndrome

Tanyo Tanev

15:48-16:00

Understanding psychological impact of acne:
Beyond the surface

Karina Malvido

16:00-16:12

Acupuncture in the treatment of chronic
psychocutaneous disease

Siqing Wang

16:12-16:24

Hypnotherapy in dermatology

Nirja Sheth

16:24-16:36

Brain and skin: Parallel trajectories
and shared destinies?

Antonio C. Sison

16:36-16:48

Dermatopsychiatric impact of beauty products:
A comprehensive and constructive analysis

Koushik Lahiri

16:48-17:00

Psychosocial impact of hidradenitis suppurativa and
an integrative somatic approach to therapy

Keira Barr

17:00-17:10

Q&A

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MAY 31 2025, SATURDAY

08:30-10:15	Psychotrichology Session <i>Chair: Roxanna Sadoughifer, Monika Fida</i>	HALL 2
08:30-08:42	The role of trichoscopy in the diagnosis and follow up of trichotillomania	<i>Monika Fida</i>
08:42-08:54	Trichotillomania: Therapeutic aspects	<i>Anna Evlanova</i>
08:54-09:06	How to manage trichotillomania in multidiscipline treatment approach	<i>Wei Shi</i>
09:06-09:18	The role of psychological factors in the development, evolution, and therapy of alopecia areata	<i>Mahmudur Rahman</i>
09:18-09:30	The invisible impact of alopecia areata	<i>Roxanna Sadoughifar</i>
09:30-09:42	Hirsutism associated with PCOS and its impact on mental health	<i>Shashank Bhargava</i>
09:42-09:54	Quality of life in hair disorders with particular focus on lichen plano pilaris	<i>Shubh Mohan Singh</i>
09:54-10:06	Trichotillomania: searching an unnoticed pathology	<i>Carmen Rodriguez Cerdeira</i>
10:06-10:15	Q&A	