



**21st Congress of the  
European Society for  
Dermatology and Psychiatry**

**28-31 MAY 2025**

**1st World  
Psychodermatology  
Congress**



[www.esdap25-wcpd.com](http://www.esdap25-wcpd.com)

**PROGRAMME**




# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

1<sup>st</sup> World  
Psychodermatology  
Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 28 2025, WEDNESDAY

<b>14:00-15:10</b>	<b>Masterclass 1- Patient-Doctor relationship: Tips for for a clinician</b>	<b>HALL 1</b>
	<i>Chair: Françoise Poot, Uwe Gieler</i>	
14:00-14:15	How can a dermatologist evaluate psychological problems and needs of a psychodermatology patient	<i>Françoise Poot</i>
14:15-14:30	Working with psychodermatology patients as a psychoanalytic psychosomatician	<i>Tevfika İkiz</i>
14:30-14:45	Shared decision making for patient-centered care in dermatology	<i>Nesrin Dilbaz</i>
14:45-15:00	Case study	<i>Tanyo Tanev</i>
15:00-15:10	Q&A	
<b>15:10-16:40</b>	<b>Masterclass 2- Psychotherapies in Psychodermatology</b>	<b>HALL 1</b>
	<i>Chair: Florence Dalgard, Nienke Vulink</i>	
15:10-15:30	Cognitive Behavioural Therapy	<i>Nienke Vulink</i>
15:30-15:50	Group Psychotherapy	<i>Uwe Gieler</i>
15:50-16:10	Art Psychotherapy	<i>Bihter Yasemin Adalı</i>
16:10-16:30	Psychoanalytic psychotherapy and psychoanalysis	<i>Aslı Kuruoğlu</i>
16:30-16:40	Q&A	
<b>16:40-16:55</b>	<b>Coffee Break</b> 	
<b>16:55-18:30</b>	<b>Masterclass 3- Psychopharmacology</b>	<b>HALL 1</b>
	<i>Chair: Nesrin Dilbaz, Behçet Coşar</i>	
16:55-17:15	The basis of pharmacological treatment in psychodermatology	<i>Dimitre Dimitrov</i>
17:15-17:35	Which disease, which drug? Are there any unmet needs?	<i>Behçet Coşar</i>
17:35-17:55	Novel drugs in psychopharmacology	<i>Dmitry Romanov</i>
17:55-18:15	Dermatological side effects of psychotherapeutic drugs	<i>Hilal Kaya Erdoğan</i>
18:15-18:30	Q&A	
<b>18:30-19:30</b>	<b>Opening Ceremony</b>	



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**08:30-09:40**

## Inflammation in Psychodermatology

**HALL 1**

Chair: *İlknur Altunay, Eva Peters*

08:30-08:45

Stress and the skin:  
Psychoneuroimmune interactions

*Hale Yapıcı Eser*

08:45-09:00

Brain-gut-skin axis: The role of microbiota

*Metin Başaranoğlu*

09:00-09:15

Molecular Basis of Inflammation as a Cause of Chronic Skin  
Disease-Associated Depression and Stress: Is Prevention or  
Treatment Possible?

*Nesrin Erçelen*

09:15-09:30

Anti-inflammatory interventions in emotional stress

*Enas Attia*

09:30-09:40

Q&A

**09:40-10:00**

**Coffee Break** 

**10:00-11:10**

## Itch

**HALL 1**

Chair: *John de Korte, Jörg Kupfer*

10:00-10:15

Neuroimmune pathways and  
mediators in psychological itch

*Louise Lönndahl*

10:15-10:30

Effects of psychological interventions  
in the treatment of chronic itch

*Klaus Michael Taube*

10:30-10:45

Skin picking disorder.  
Diagnostic and clinical characteristics

*İlayda Gülsunay*

10:45-11:00

Psychological aspects of prurigo nodularis

*Vesna Karanikolic*

11:00-11:10

Q&A

**11:15-12:15**

## Art Therapy-Interactive Workshop1

**HALL 3**

(Limited for 20 Participants)

Art Psychotherapy and Rehabilitation Programme

*Nurhan Eren*

**11:15-12:05**

## What's new in the Psychodermatology Literature

**HALL 1**

Chair : *Meltem Önder*

*Erdem Değirmenci  
Elif Afacan Yıldırım*

**12:05-13:00**

## Sponsored Lunch Symposium Lilly

**HALL 1**

Psoriasis and Quality of life - Ixekizumab / Lilly

Chair : *İlknur Altunay*

*Matthias Augustin*

MAY 29 2025, THURSDAY





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MAY 29 2025, THURSDAY

13:00-13:15	Coffee Break 	
13:15-13:45	Herman-Musaph Awards	HALL 1
13:45-14:55	Chronic skin diseases and Psychodermatology (Atopic Dermatitis, Psoriasis, Hidradenitis Supp., Viral infections) Chair: Gregor Jemec, Marcus Schimitt Egenolf	HALL 1
13:45-14:00	Mental health in atopic dermatitis	Ayşe Akman
14:00-14:15	Relationship between social anxiety, inflammatory parameters and itch in psoriasis	Christina Schut
14:15-14:30	Clinical symptoms, disease severity and psychosocial impact in hidradenitis suppurativa	Gregor Jemec
14:30-14:45	How do genital warts affect psychosocial wellbeing?	Ayberk Aktaran
14:45-14:55	Q&A	
14:55-15:10	Coffee Break 	
15:10-16:20	Chronic diseases and Psychodermatology II (Acne, Urticaria, Leg ulcers, Vitiligo) Chair: Andrey Lvov, Jacek Szepietowski	HALL 1
15:10-15:25	Depression and anxiety in adolescent and postadolescent acne: Cause and Effect?	Ayşe Serap Karadağ
15:25-15:40	Stress and hair loss	Maria Angeliki Gkini
15:40-15:55	Quality of life in pyoderma gangrenosum: An underestimated issue	Melek Aslan Kayıran
15:55-16:10	Psychological distress and vitiligo: Insights from surveys and interview based studies	Andrew Thompson
16:10-16:20	Q&A	



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**16:20-17:30**

## Geriatric Psychodermatology

Chair: Adam Reich, Dmitry Romanov

16:20-16:35

Geriatric itch: Senile or Psychogenic itch?

Adam Reich

16:35-16:50

Stasis dermatitis, venous ulcer and psychosocial burden

Gül Şekerlisoy

16:50-17:05

Stress in autoimmune bullous disorders

Mary Tomayko

17:05-17:20

Care for geriatric psychodermatology patient

Irmak Polat

17:20-17:30

Q-A

**17:30-18:30**

## Panel discussion

Literature, cinema and psychodermatology  
Psychoanalytic debates on literature and cinema

**HALL 1**

Tevfika İkiz

Hülya E. Taşdemir

**08:30-17:30**

## ORAL PRESENTATIONS

**HALL 2**

08:30 – 09:40

OP-01 / OP-07

**09:40-10:00**

**Coffee Break** ☕

10:00 – 11:50

OP-08 / OP-18

13:45 – 14:55

OP-18 / OP-25

**14:55-15:10**

**Coffee Break** ☕

15:10 – 16:20

OP-26 / OP-32

16:20 – 17:40

OP-33 / OP-40

08:30 – 17:40

POSTER PRESTATIONS

POSTER AREA

MAY 29 2025, THURSDAY



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MAY 30 2025, FRIDAY

08:30-09:40

## Pediatric Psychodermatology

Chair: Sibel Mercan, Peter Lepping

08:30-08:45

Mother-infant relationship and eczema

Sibel Mercan

08:45-09:00

Childhood Trauma in psoriasis

Asja Prohic

09:00-09:15

Skin picking and traumatic experiences (Case series)

Elif Yavuz Sever

09:15-09:30

Trichotillomania, onychotillomania and childhood trauma (Case series)

Kübra Koç

09:30-09:40

Q&A

09:40-10:00

## Coffee Break

10:00-11:00

## Satellite Symposium / Novartis

Hidradenitis suppurativa and Life Burden - Secukinumab

HALL 1

10:00-11:00

## Art Therapy-Interactive Workshop 2

(Limited for 20 Participants)

Art Psychotherapy and Rehabilitation Programme

HALL 3

Nurhan Eren

11:00-12:10

## Special Topics: Sleep, Suicide, Sexual Disorders

Chair: Ümit Tursen, Marta Garcia Bustinduy

HALL 1

11:00-11:15

Neurobiology of sleep

Ümit Tursen

11:15-11:30

Sleep disorders in chronic skin disorders

Marta Garcia Bustinduy

11:30-11:45

Recognising suicidal risk in psychodermatology patients

Alia Ahmed

11:45-12:00

Sexual dysfunction and skin disorders

Francesca Sampogna

12:00-12:10

Q&A

12:10-13:10

## Lunchtime Sponsored Symposium / Abbvie

Upadacitinib in Atopic Dermatitis - Quality of Life and Psychosocial burden

HALL 1

13:10-13:40

## Coffee Talks

John de Korte



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**13:40-14:50**

## Difficult Diseases To Treat

**HALL 1**

*Chair: Francisco Tausk, İrem Ekmekçi Ertek*

13:40-13:55

Why is it difficult to treat delusional parasitosis?  
Approach and management

*Francisco Tausk*

13:55-14:10

How can a patient with substance use  
be recognized dermatologically?

*Peter Lepping*

14:10-14:25

Skin cancer and tanorexia:  
Dilemma between beauty and disease

*Belma Tursen*

14:25-14:40

OCD related cutaneous diseases:  
Psychodermatological approach

*İrem Ekmekçi Ertek*

14:40-14:50

Q&A

**14:50-15:10**

**Coffee Break** ☕

**15:10-16:20**

## Environmental and Social Factors in Psychodermatology

**HALL 1**

*Chair: Jacek Szepietowski, Florence Dalgard*

15:10-15:25

How do cosmetological interventions  
and psychology influence each other?

*Ezgi Özkur*

15:25-15:40

Impact of social media on  
psychodermatology: Pros and Cons

*Asude Kara Polat*

15:40-15:55

The significance of family therapy in psoriasis

*Francoise Poot*

15:55-16:10

Chronic Hand Eczema and Psyche

*Jacek Szepietowski*

16:10-16:20

Q&A

**16:20-17:30**

## New Approaches, New Therapies In Psychodermatology

**HALL 1**

*Chair: Oğuz Karamustafalıoğlu, Emel Çalikoğlu*

16:20-16:35

Are mind-body interventions myth or reality?

*Irmak Polat*

16:35-16:50

Technology and psychosomatic medicine:  
Virtual reality in psychodermatology

*Simon M. Mueller*

16:50-17:05

Repetitive transcranial magnetic stimulation  
in skin picking

*Oğuz Karamustafalıoğlu*

17:05-17:20

Telemedicine and psychodermatology

*Emel Çalikoğlu*

17:20-17:30

Q&A

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MAY 31 2025, SATURDAY

<b>08:30-09:40</b>	<b>Psychodermato-oncology</b> <i>Chair: Francisco Tausk, Mohammad Jafferany</i>	<b>HALL 1</b>
08:30-08:45	Is there any link between psychological stress and skin cancer?	Mine Özkan
08:45-09:00	Psychological symptoms and QoL in mycosis fungoides	Sylvia van Beugen
09:00-09:15	QoL in nonmelanoma skin cancers	Francesca Sampogna
09:15-09:30	Psychological support in skin cancer	Eva Peters
09:30-09:40	Q&A	
<b>09:40-10:00</b>	<b>Coffee Break</b> 	
<b>10:00-11:00</b>	<b>The Landscape of Psychodermatology: From the Antiquity to Artificial Intelligence</b> <i>Chair: Ilknur Altunay, Mohammad Jafferany</i>	<b>HALL 1</b> Anthony Bewley
<b>11:00-12:00</b>	<b>ESDAP Diploma Ceremony</b>	<b>HALL 1</b>
<b>12:00-13:30</b>	<b>A Grand Finale: Scientific Awards and Closing Celebration</b>	<b>HALL 1</b>






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## WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

<b>08:20-08:30</b>	<b>Welcome address - Prof. Mohammad Jafferany</b> Co-President 1 <sup>st</sup> World Psychodermatology Congress	<b>HALL 2</b>
<b>08:30-09:50</b>	<b>Session A</b> <i>Chair: Abineetha Hosthota, Dimitre Dimitrov</i>	<b>HALL 2</b>
08:30-08:42	United We Heal: Integrating Dermatology and Psychiatry for Optimal Patient Outcomes	<i>Abineetha Hosthota Swapna Bondade</i>
08:42-08:54	AI in psychodermatology	<i>Pankhuri Dudani</i>
08:54-09:06	Tackling the shame and social anxiety skin disease	<i>Christian Steirle</i>
09:06-09:18	Stigma in skin disease: an overlooked phenomenon	<i>Dimitre Dimitrov</i>
09:18-09:30	Psychodermatology: A dermoscopic mirror to the patient's psyche	<i>M. Hassan Abdelkarim</i>
09:30-09:42	Psychosocial impact of neglected tropical skin diseases	<i>Niraj Parajuli</i>
09:42-09:50	Q&A	
<b>09:50-10:00</b>	<b>Coffee Break</b> 	
<b>10:00-11:50</b>	<b>Session B</b> <i>Chair: George Kroumpouzos, Maria Angeliki Gkini</i>	<b>HALL 2</b>
10:00-10:12	Psychodermatology of Psoriasis	<i>Maria Angeliki Gkini</i>
10:12-10:24	Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome	<i>Medhat Elsabbahy</i>
10:24-10:36	An outline of stress management techniques for dermatology patients	<i>Hanish Babu</i>
10:36-10:48	Chronic pruritic disorders with psychocutaneous conundrum	<i>Diksha Agrawal</i>
10:48-11:00	Body dysmorphic disorder	<i>George Kroumpouzos</i>
11:00-11:12	Psychodermatological management of prurigo	<i>Abdul Latheef</i>
11:12-11:24	Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective	<i>Aasia Penot Alameri</i>
11:24-11:36	Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects	<i>Naveen Manohar</i>
11:36-11:50	Q&A	

MAY 30 2025, FRIDAY



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MAY 30 2025, FRIDAY

**11:50-13:20**

**Lunch**

**13:20-14:45**

**Session C**

**HALL 2**

*Chair: Abdul Latheef, Estela Malatesta*

13:20-13:32

Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional Psychodermatology and psychotherapy

*Pradnya Manwatkar*

13:32-13:44

Mental health aspects of Vitiligo

*Siham Dikhay*

13:44-13:56

Psychiatric effects of medications in dermatological practice

*Estela Malatesta*

13:56-14:08

Factitious disorder: a challenge in management

*Abdul Latheef*

14:08-14:20

The role of Psychologists in Psychodermatology

*Tanyo Tanev*

14:20-14:32

Psychological impact of bullous skin disease

*Wei Li*

14:32-14:45

Q&A

**14:45-15:00**

**Coffee Break** 



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15:00-17:10

## Session D

HALL 2

*Chair: John Koo, Haiping Zhang*

15:00-15:12

Body focused repetitive behaviors,  
Basic psychodermatology

*Ishan Pandya*

15:12-15:24

Situation and solution:  
Psychodermatology in China

*Haiping Zhang*

15:24-15:36

Diagnosis and Management of Delusional  
Disorders in Dermatology:  
A perspective from USA

*John Koo*

15:36-15:48

An update on psychogenic and neuropathic  
aspects of Burning Mouth syndrome

*Tanyo Tanev*

15:48-16:00

Understanding psychological impact of acne:  
Beyond the surface

*Karina Malvido*

16:00-16:12

Acupuncture in the treatment of chronic  
psychocutaneous disease

*Meng Yun Sun*

16:12-16:24

Hypnotherapy in Dermatology

*Nirja Sheth*

16:24-16:36

Brain and Skin: Parallel Trajectories  
and Shared Destinies?

*Antonio C. Sison*

16:36-16:48

Beauty products and their impact on skin  
and psyche; a psychological analysis

*Sudipta Roy*

16:48-17:00

Psychosocial Impact of Hidradenitis Suppurativa and  
an integrative somatic approach to therapy

*Keira Barr*

17:00-17:10

Q&A

MAY 30 2025, FRIDAY



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MAY 31 2025, SATURDAY

08:30-10:15	<b>Psychotrichology Session</b> <i>Chair: Asmahane Souissi, Monika Fida</i>	<b>HALL 2</b>
08:30-08:42	The role of trichoscopy in the diagnosis and follow up of Trichotillomania	<i>Monika Fida</i>
08:42-08:54	Trichotillomania variants in clinical practice	<i>Asmahane Souissi</i>
08:54-09:06	How to manage trichotillomania in multidiscipline treatment approach	<i>Wei Shi</i>
09:06-09:18	The role of psychological factors in the development, evolution, and therapy of alopecia areata	<i>Sahana Srihari</i>
09:18-09:30	The invisible impact of alopecia areata	<i>Roxanna Sadoughifar</i>
09:30-09:42	Hirsutism associated with PCOS and its impact on mental health	<i>Shashank Bargava</i>
09:42-09:54	Quality of life in hair disorders with particular focus on lichen plano pilaris	<i>Awatef Kelati</i>
09:54-10:06	Trichotillomania: searching an unnoticed pathology	<i>Carmen Rodriguez Cerdeira</i>
10:06-10:15	Q&A	