



21st Congress of the European Society for Dermatology and Psychiatry

1st World
Psychodermatology
Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

08:20-08:30	Welcome address - Prof. Mohammad Jafferany Co-President 1 st World Psychodermatology Congress	HALL 2
08:30-09:50	Session A Chair: <i>Abineetha Hosthota, Dimitre Dimitrov</i>	HALL 2
08:30-08:42	United we heal: Integrating dermatology and psychiatry for optimal patient outcomes	<i>Abineetha Hosthota Swapna Bondade</i>
08:42-08:54	AI in psychodermatology	<i>Pankhuri Dudani</i>
08:54-09:06	Tackling the shame and social anxiety skin disease	<i>Christian Steirle</i>
09:06-09:18	Stigma in skin disease: An overlooked phenomenon	<i>Dimitre Dimitrov</i>
09:18-09:30	Psychdermoscopy: A dermoscopic mirror to the patient's psyche	<i>M. Hassan Abdelkarim</i>
09:30-09:42	Psychosocial impact of neglected tropical skin diseases	<i>Niraj Parajuli</i>
09:42-09:50	Q&A	
09:50-10:00	Coffee Break 	
10:00-11:50	Session B Chair: <i>Aliza Hashim, Maria Angeliki Gkini</i>	HALL 2
10:00-10:12	Psychodermatology of psoriasis	<i>Maria Angeliki Gkini</i>
10:12-10:24	Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome	<i>Medhat Elsabbahy</i>
10:24-10:36	An outline of stress management techniques for dermatology patients	<i>Hanish Babu</i>
10:36-10:48	Chronic pruritic disorders with psychocutaneous conundrum	<i>Ayberk Aktaran</i>
10:48-11:00	Body dysmorphic disorder	<i>Aliza Hashim</i>
11:00-11:12	Psychodermatological management of prurigo	<i>Abdul Latheef</i>
11:12-11:24	Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective	<i>Aasia Penot Alameri</i>
11:24-11:36	Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects	<i>Naveen Manohar</i>
11:36-11:50	Q&A	

MAY 30 2025, FRIDAY



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11:50-13:20

Lunch

13:20-14:45

Session C

HALL 2

Chair: Abdul Latheef, Estela Malatesta

13:20-13:32

Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional psychodermatology and psychotherapy

Pradnya Manwatkar

13:32-13:44

Mental health aspects of vitiligo

Siham Dikhaye

13:44-13:56

Psychiatric effects of medications in dermatological practice

Estela Malatesta

13:56-14:08

Factitious disorder: A challenge in management

Abdul Latheef

14:08-14:20

The role of psychologists in psychodermatology

Tanyo Tanev

14:20-14:32

Psychological impact of bullous skin disease

Wei Li

14:32-14:45

Q&A

14:45-15:00

Coffee Break 



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15:00-17:10

Session D

HALL 2

Chair: Mohammad Jafferany, Haiping Zhang

15:00-15:12

Body focused repetitive behaviors,
basic psychodermatology

Ishan Pandya

15:12-15:24

Situation and solution:
Psychodermatology in China

Haiping Zhang

15:24-15:36

Diagnosis and management of delusional
disorders in dermatology:
A perspective from USA

Kaushal Verma

15:36-15:48

An update on psychogenic and neuropathic
aspects of burning mouth syndrome

Tanyo Tanev

15:48-16:00

Understanding psychological impact of acne:
Beyond the surface

Karina Malvido

16:00-16:12

Acupuncture in the treatment of chronic
psychocutaneous disease

Siqing Wang

16:12-16:24

Hypnotherapy in dermatology

Nirja Sheth

16:24-16:36

Brain and skin: Parallel trajectories
and shared destinies?

Antonio C. Sison

16:36-16:48

Dermatopsychiatric impact of beauty products:
A comprehensive and constructive analysis

Koushik Lahiri

16:48-17:00

Psychosocial impact of hidradenitis suppurativa and
an integrative somatic approach to therapy

Keira Barr

17:00-17:10

Q&A

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