




# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

**1<sup>st</sup> World**  
Psychodermatology  
**Congress**

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

## WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

<b>08:20-08:30</b>	<b>Welcome address - Prof. Mohammad Jafferany</b> Co-President 1 <sup>st</sup> World Psychodermatology Congress	<b>HALL 2</b>
<b>08:30-09:50</b>	<b>Session A</b> <i>Chair: Abineetha Hosthota, Dimitre Dimitrov</i>	<b>HALL 2</b>
08:30-08:42	United We Heal: Integrating Dermatology and Psychiatry for Optimal Patient Outcomes	<i>Abineetha Hosthota Swapna Bondade</i>
08:42-08:54	AI in psychodermatology	<i>Pankhuri Dudani</i>
08:54-09:06	Tackling the shame and social anxiety skin disease	<i>Christian Steirle</i>
09:06-09:18	Stigma in skin disease: an overlooked phenomenon	<i>Dimitre Dimitrov</i>
09:18-09:30	Psychodermatology: A dermoscopic mirror to the patient's psyche	<i>M. Hassan Abdelkarim</i>
09:30-09:42	Psychosocial impact of neglected tropical skin diseases	<i>Niraj Parajuli</i>
09:42-09:50	Q&A	
<b>09:50-10:00</b>	<b>Coffee Break</b> 	
<b>10:00-11:50</b>	<b>Session B</b> <i>Chair: George Kroumpouzou, Maria Angeliki Gkini</i>	<b>HALL 2</b>
10:00-10:12	Psychodermatology of Psoriasis	<i>Maria Angeliki Gkini</i>
10:12-10:24	Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome	<i>Medhat Elsabbahy</i>
10:24-10:36	An outline of stress management techniques for dermatology patients	<i>Hanish Babu</i>
10:36-10:48	Chronic pruritic disorders with psychocutaneous conundrum	<i>Diksha Agrawal</i>
10:48-11:00	Body dysmorphic disorder	<i>George Kroumpouzou</i>
11:00-11:12	Psychodermatological management of prurigo	<i>Abdul Latheef</i>
11:12-11:24	Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective	<i>Aasia Penot Alameri</i>
11:24-11:36	Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects	<i>Naveen Manohar</i>
11:36-11:50	Q&A	

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**11:50-13:20**

**Lunch**

**13:20-14:45**

**Session C**

**HALL 2**

*Chair: Abdul Latheef, Estela Malatesta*

13:20-13:32

Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional Psychodermatology and psychotherapy

*Pradnya Manwatkar*

13:32-13:44

Mental health aspects of Vitiligo

*Siham Dikhaye*

13:44-13:56

Psychiatric effects of medications in dermatological practice

*Estela Malatesta*

13:56-14:08

Factitious disorder: a challenge in management

*Abdul Latheef*

14:08-14:20

The role of Psychologists in Psychodermatology

*Tanyo Tanev*

14:20-14:32

Psychological impact of bullous skin disease

*Wei Li*

14:32-14:45

Q&A

**14:45-15:00**

**Coffee Break** 



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**15:00-17:10**

## Session D

**HALL 2**

*Chair: John Koo, Haiping Zhang*

15:00-15:12	Body focused repetitive behaviors, Basic psychodermatology	<i>Ishan Pandya</i>
15:12-15:24	Situation and solution: Psychodermatology in China	<i>Haiping Zhang</i>
15:24-15:36	Diagnosis and Management of Delusional Disorders in Dermatology: A perspective from USA	<i>John Koo</i>
15:36-15:48	An update on psychogenic and neuropathic aspects of Burning Mouth syndrome	<i>Tanyo Tanev</i>
15:48-16:00	Understanding psychological impact of acne: Beyond the surface	<i>Karina Malvido</i>
16:00-16:12	Acupuncture in the treatment of chronic psychocutaneous disease	<i>Meng Yun Sun</i>
16:12-16:24	Hypnotherapy in Dermatology	<i>Nirja Sheth</i>
16:24-16:36	Brain and Skin: Parallel Trajectories and Shared Destinies?	<i>Antonio C. Sison</i>
16:36-16:48	Beauty products and their impact on skin and psyche; a psychological analysis	<i>Sudipta Roy</i>
16:48-17:00	Psychosocial Impact of Hidradenitis Suppurativa and an integrative somatic approach to therapy	<i>Keira Barr</i>
17:00-17:10	Q&A	

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