



21st Congress of the European Society for Dermatology and Psychiatry

1st World Psychodermatology Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

WORLD PSYCHODERMATOLOGY PROGRAMME - PARALLEL SESSIONS

08:20-08:30	Welcome address - Prof. Mohammad Jafferany Co-President 1 st World Psychodermatology Congress	HALL 2
08:30-09:50	Session A Chair: Abineetha Hosthota, Dimitre Dimitrov	HALL 2
08:30-08:42	United we heal: Integrating dermatology and psychiatry for optimal patient outcomes	Abineetha Hosthota Swapna Bondade
08:42-08:54	AI in psychodermatology	Pankhuri Dudani
08:54-09:06	Tackling the shame and social anxiety skin disease	Christian Steirle
09:06-09:18	Stigma in skin disease: An overlooked phenomenon	Dimitre Dimitrov
09:18-09:30	Psychdermoscopy: A dermoscopic mirror to the patient's psyche	M. Hassan Abdelkarim
09:30-09:42	Psychosocial impact of neglected tropical skin diseases	Niraj Parajuli
09:42-09:50	Q&A	
09:50-10:00	Coffee Break 	
10:00-11:50	Session B Chair: Aliza Hashim, Maria Angeliki Gkini	HALL 2
10:00-10:12	Psychodermatology of psoriasis	Maria Angeliki Gkini
10:12-10:24	Exploring the unexplored: Sands-like cutaneous dysesthetic syndrome	Medhat Elsabbahy
10:24-10:36	An outline of stress management techniques for dermatology patients	Hanish Babu
10:36-10:48	Chronic pruritic disorders with psychocutaneous conundrum	Ayberk Aktaran
10:48-11:00	Body dysmorphic disorder	Aliza Hashim
11:00-11:12	Psychodermatological management of prurigo	Abdul Latheef
11:12-11:24	Parental roles in managing children's dermatological and psychological health: a psychodermatological perspective	Aasia Penot Alameri
11:24-11:36	Neuro-immuno-cutaneous endocrine (NICE) system: currently available evidence and prospects	Naveen Manohar
11:36-11:50	Q&A	
11:50-13:20	Lunch	



21st Congress of the European Society for Dermatology and Psychiatry



28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

13:20-14:45

Session C

Chair: Abdul Latheef, Estela Malatesta

HALL 2

13:20-13:32

Emodermatology - Applying REBT to dermatology - A paradigm shift from traditional psychodermatology and psychotherapy

Pradnya Manwatkar

13:32-13:44

Mental health aspects of vitiligo

Siham Dikhaye

13:44-13:56

Psychiatric effects of medications in dermatological practice

Estela Malatesta

13:56-14:08

Factitious disorder: A challenge in management

Abdul Latheef

14:08-14:20

The role of psychologists in psychodermatology

Tanyo Tanev

14:20-14:32

Psychological impact of bullous skin disease

Wei Li

14:32-14:45

Q&A

14:45-15:00

Coffee Break 

MAY 30 2025, FRIDAY



21st Congress of the European Society for Dermatology and Psychiatry

1st World
Psychodermatology
Congress

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

MAY 30 2025, FRIDAY

15:00-17:10

Session D

HALL 2

Chair: Mohammad Jafferany, Haiping Zhang

15:00-15:12	Body focused repetitive behaviors, basic psychodermatology	<i>Ishan Pandya</i>
15:12-15:24	Situation and solution: Psychodermatology in China	<i>Haiping Zhang</i>
15:24-15:36	Does psychointervention impact the therapeutic outcome in chronic skin diseases	<i>Kaushal Verma</i>
15:36-15:48	An update on psychogenic and neuropathic aspects of burning mouth syndrome	<i>Tanyo Tanev</i>
15:48-16:00	Understanding psychological impact of acne: Beyond the surface	<i>Karina Malvido</i>
16:00-16:12	Acupuncture in the treatment of chronic psychocutaneous disease	<i>Siqing Wang</i>
16:12-16:24	Hypnotherapy in dermatology	<i>Nirja Sheth</i>
16:24-16:36	Brain and skin: Parallel trajectories and shared destinies?	<i>Antonio C. Sison</i>
16:36-16:48	Dermatopsychiatric impact of beauty products: A comprehensive and constructive analysis	<i>Koushik Lahiri</i>
16:48-17:00	Psychosocial impact of hidradenitis suppurativa and an integrative somatic approach to therapy	<i>Keira Barr</i>
17:00-17:10	Q&A	